

¿ESTÁS PENSANDO EN ESCRIBIR UN ARTÍCULO?

¿YA LO TIENES ESCRITO Y ES INÉDITO?

¿QUIERES COMPARTIRLO CON COLEGAS DIETISTAS-NUTRICIONISTAS DE EUROPA?

La EFAD (European Federation of Associations of Dietitians) te ofrece esa oportunidad a través de sus NEWSLETTERS.

**A continuación se explica las condiciones para hacerlo.**

## **Editorial Policy The EFAD Editorial**

Board comprises the Honorary Vice-President, the Secretary General and a Committee or ESDN lead (to be consulted in rotation or as required), with assistance from the non-executive Editor. The Board will decide the content of each Newsletter and their decision is final.

Articles should reflect EFAD's core values: fairness, openness, non-discrimination, collaboration and independence. The Editorial Board welcomes suggestions from members for improving and developing the Newsletter. In order to reflect EFAD's mission statement, articles for the Newsletter should always refer to 'dietitians' or 'dietetics' in the text. Guidelines for Authors

- Please read previous editions of the Newsletter available at: [www.efad.org/everyone/3147/5/0/32](http://www.efad.org/everyone/3147/5/0/32)
- Your article should be in English and emailed to me, Terry Hyde: [editor@efad.org](mailto:editor@efad.org)
- Your article should be about 500 words (2,500 characters with spaces) but can be up to 1000 words if it is particularly important.
- Please send your own photographs or ones that are copyright-free or free-to-use for noncommercial purposes.

### **Who is the audience?**

This is the first and most important question that any editor or author must answer before they start work.

I will edit all articles to meet the needs of a very wide audience: undergraduate students, dietitians, academics, journalists, Ministers of Health and senior figures at WHO European Region. The first language of most of our readers will not be English.

Therefore, I will also edit to ensure that the writing is concise, the meaning is clear and the language is free of bias.

I will use plain English, modern English usage and open punctuation.

### **What is plain English?**

Some of the principles of plain English are:

- use short words rather than long words
- write in short sentences rather than long ones
- use the active verb rather than the passive, eg 'I edit the Newsletter' not 'The Newsletter is edited by me'
- use lists where possible
- avoid jargon, acronyms and abbreviations In science and education, the last point is the most difficult to follow.

All of our readers will know what EFAD and EU and UN mean (and probably WHO), but how many will know what FNAP means?

For more information on plain English, go to [www.plainenglish.co.uk](http://www.plainenglish.co.uk)

### **What is modern English usage?**

English is a living language in constant change; in particular it absorbs words from other languages and treats them as its own.

New words arrive every day and others drop out of use.

Existing words change their meanings or develop extra meanings.

A few years ago, the only thing that could be stored in a cloud was water vapour, but now.... Spellings and constructions also change.

So, in modern English usage the word 'lifelong' is written as one word (no space, no hyphen); similarly with the words 'online' and 'website'.

Part of my job is to reflect these changes in usage and spelling etc.

For more information on modern English usage, see Burchfield RW (2004) Fowler's Modern English Usage 3rd Ed Re-revised OUP Oxford.

### **What is Open Punctuation?**

Open punctuation reduces the number of keystrokes needed to type a document. It does this by removing unnecessary punctuation and capital letters. So: Ph.D. ® PhD B.Sc. ® BSc e.g. ® eg Dr. ® Dr ..Doctors, Dietitians and Physiotherapists... ® ...doctors, dietitians and physiotherapists...