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Mission

To support member Associations in developing the role that dietitians have in reducing inequalities and improving nutritional health in Europe

EFAD is registered with the Dutch Chamber of Commerce as a "Vereniging met volledigerechtsbevoegdheid" which translates as an "Association with full legal jurisdiction". EFAD is also a non-governmental organisation that maintains independence and integrity at all times and does not pursue any political or religious ends.

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Vision and Values

The Vision

EFAD, national dietetic associations (NDAs) and dietitians are recognised leaders in the field of dietetics and nutrition. We will continue to pro-actively initiate and grow partnerships in order to improve nutritional health, reduce socioeconomic health inequalities and contribute to economic prosperity.

To achieve our vision EFAD supports the highest quality of dietetic education, professional practice, research activity and partnership.

Our Values

The values of EFAD guide how we make decisions and define our approach to partnership and collaboration.

Our core values are: fairness, openness, non-discrimination, collaboration and independence. These are expressed more fully in the way EFAD conducts its business, observing our Code of Ethics and Code of Good Practice and being:

democratic, transparent and inclusive

independent and ethical

discerning and open to new ideas and approaches

credible, objective and honest

an effective communicator

supportive of opportunity, innovation, creativity and entrepreneurship

respectful of the values that members hold and their capabilities

a partner with clients, colleagues and others

active in pursuing excellence



About EFAD

EFAD was established in 1978 in Copenhagen, Denmark with 10 member associations. It now has 29 full members, 4 affiliate members and 21 education associate members representing over 32,000 dietitians in 26 European countries.

Membership of the Federation is open to National Dietetic Associations (NDAs) from member states of the Council of Europe. The General Meeting is made up of delegates from each of the Member Associations. The Federation is directed by its Annual General Meeting and represented by an Honorary President and Executive Committee.

EFAD has three standing Committees:

- Education and Lifelong Learning
- Professional Practice
- Research and Evidence-Based Practice

EFAD has five European Specialist Dietetic Networks:

- Diabetes
- Older Adult
- Obesity
- Public Health
- Food Service

Aims of EFAD

The aims of EFAD are to:

- promote the development of the dietetic profession
- develop dietetics on a scientific and professional level in the common interest of the member Associations
- facilitate communication between NDAs and other organisations: professional, educational and governmental
- encourage a better nutrition situation for the population of Europe.

EFAD pursues these aims in co-operation with the member Associations and with international organisations. Our stakeholders include dietetic associations, dietitians, citizens, national ministries, higher education institutions, non-governmental organisations, food industry, policy-makers and other health professionals. Our engagement with these groups reflects our independence and acts in the best interest of the populations we serve.

By embedding dietetic education, professional practice and research activity in dietetics throughout Europe, we enable high quality engagement at all levels, thereby addressing health determinants and creating supportive environments for healthy lifestyles and prevention of disease through nutrition.

EFAD communicates its aims and objectives by fostering exchange of knowledge, best practice promotion and action with and between our stakeholders.



Honorary President's Report

It is always a privilege to write and be proud of the impact that EFAD is able to celebrate on behalf of the dietetic profession in Europe. As Honorary President I am invited to be with member associations at their celebrations and this year it was the 60th anniversary of the Association Francaise des Dieteticiens Nutritionnistes (AFDN) where I met many of their past presidents, some of the great names in pioneering dietetics in France. I have also



represented EFAD at conferences hosted by dietetic associations in Germany and Cyprus. EFAD continues to play a proactive role in supporting associations as they grow in their pursuit of quality and excellence and this year we have worked especially with dietitians in Lithuania and Romania. Pursuing a higher quality and standard of education for German dietitians was made possible with the introduction of a 'top-up' degree at Hochschule Neubrandenburg - University of Applied Sciences and it was an honour to be invited to the launch of this programme in Neubrandenburg.

European dietitians are valued at a European level for their insight and contribution to improving nutritional health. This year EFAD hosted a symposium on the impact that dietitians can have in the area of obesity at the European Conference on Obesity in Sofia. Running dietetic symposia at future ECO conferences promises to be a regular feature. We continue to work on the Stakeholders Advisory Board of the JPI 'Health Diet for a Healthy Life' with other European actors. Work here complements the dietetic contribution currently being made on tackling the impact that malnutrition is having on health. For example our European Network of Specialist Dietitians (ESDN) together with EFAD's representation on the European Nutrition and Health Alliance initiative on "Optimal Nutritional Care for All" promises to work in countries across Europe to embed the imperative for screening and active interventions for those that are malnourished.

The EFAD conference in Athens highlighted the work of dietitians in reducing health inequalities through improving nutrition but also demonstrated the active work of dietitians in contributing to the evidence base for effective outcomes. Our partnership with the European Food Information Council (EUFIC) in a project along with other partners means that dietitians across Europe are actively involved in a project to develop a highly interactive computer platform enabling dietitians to be in contact with their client groups, supporting them as they make dietary and physical activity changes. This platform, once developed and tested, will be a huge technological boon to dietitians allowing them to interface with more clients.

Over the past year EFAD has been represented twice at European Region WHO meetings in Copenhagen as a recognised observer. And we continue in our regular contributions at the EU Platform for Action on Diet, Physical Activity and Health where we have several commitments to action. Within EFAD the specialist ESDNs play a significant role in representing dietitians and EFAD, as do members of our Standing Committees, often at international level. This year it was my privilege to present the work and development of EFAD through 'The Wimpfheimer – Guggenheim International Lecture: Global Dietetic Alliances – The European Experience' in Atlanta, Georgia.

I want to extend my thanks to all of those who contributed to another successful year for EFAD.

Anne de Looy, Honorary President of EFAD



Honorary Treasurer's Report

EFAD had an income of 111.914,76 € by the end of December 2014.

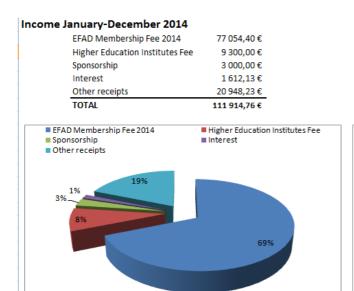
EFAD membership fees from Full and Affiliate members totaled 77.054,40 € in 2014 (as some 2014 membership fees had already been paid in 2013). The new membership category of Education Associate Member was introduced in 2014, giving Higher Education Institutes the possibility to become EFAD members. By the end of December, 33 Institutes had started the application process and 20 had been granted membership, generating an additional 9.300 € income. Sponsorship, Interest and other items generated an income of 25.560,36 €.

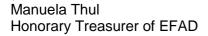
The costs of EFAD's daily business including staff costs, travel expenses, wages, website, finance & tax consultants plus marketing and office supplies totaled 150.875,75 € by the end of the year. Average of a monthly expenditure is almost 10.000 € which is within our planned budget.

As the General Meeting was informed last year, EFAD had to repay 33.164,80 € to the European Commission for excess pre-payment of operating grant funds received in 2012.

This payment has resulted in a large reduction in the amount of money EFAD holds on deposit. By the end of 2014 EFAD had 122.187,06 € in the bank. This sum is exactly the amount which is budgeted for 2015 and has been agreed, should always be kept on deposit to secure one years business.

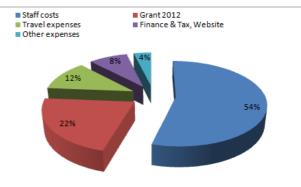
To raise additional income, EFAD members are called upon to help by promoting the Education Associate Membership to Higher Education Institutes in their countries to help find new sponsors and to support EFAD in identifying innovate methods of raising income.





Expenses January-December 2014

TOTAL	150 875.75 €
Other expenses	5 705,46 €
Finance & Tax, Website	12 463,25 €
Travel expenses	17 635,12 €
Grant 2012	33 164,80 €
Staff costs	81 907,12 €

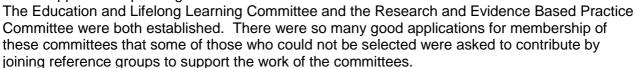




Secretary General's Report

Following our year of consolidation in 2013, EFAD has been able to build on those solid foundations and to grow and extend our reach in 2014. The number of dietitians EFAD represents reached almost 32.000 in 2014. We believe this represents about 50% of all dietitians in Europe, which makes EFAD a credible and influential voice when advocating for the profession.

EFAD also had 21 Education Associate Members by the end of 2014 with further applications pending.



The good response to a call for specialists enabled each of the five European Specialist Dietetic Networks of Public Health, Administrative, Obesity, Diabetes and Older Adults to establish a committee to take their work forward.

In total 45 new experts were recruited in 2014 to support the work of EFAD and to develop the speciality areas.

Of course, the committees that were already established continued to be highly productive. The 2014 General Meeting was be presented with revised Ethics and Registration papers from the Professional Practice Committee, who also produced a vision paper on the Nutrition Care Process/Standardised Language (NCP/SL) earlier in the year. The Research committee produced two eJournals in 2014, while the Education committee prepared a report on continuous professional development and strategy for implementation.

The Executive Committee met every month and continued to develop Governance documents and financially sustainable business and work plans for the coming years.

EFAD continued to advocate on behalf of dietitians by responding to several consultations, including the European Professional Card, the Patient Safety and Quality of Healthcare, the European Skills Competences Occupations (ESCO) draft definitions and the Quality of Drinking Water. EFAD also signed the Granada Declaration for better protection of migrants' and ethnic minorities' health.

EFAD was represented on 44occasions, including at five European Commission events, at European Food Safety Authority Stakeholder Platform Meetings, Joint Programming Initiative Stakeholder Advisory Board meetings and at EFAD member association events. In total 18 different experts were involved in representing EFAD in 2014 – an increase on previous years.

Another area of growth in 2014 has been in communication. EFAD's stakeholder database has been extended so that all published information can be mailed to a wider audience. The Facebook pages and groups and the LinkedIn group all continue to attract more users, while the EFAD web site now has almost 2400 registered users. The DIETS web site has been merged with the EFAD site, to increase EFAD's reach even further.

I would like to express my thanks to all the increasing numbers of colleagues who voluntarily take forward the work of EFAD.

Because of them EFAD is growing not only in size, but also in influence.

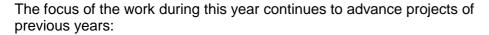
Judith Liddell Secretary General

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Professional Practice Committee Report

The committee had six virtual meetings this year. The PPC put out a call for nomination of members to fill two positions opening in Oct 2014. The PPC has actively collaborated with the other EFAD committees to align overlapping activities and commitments.





- 1. Standardized Language (SL) In this project, the PPC aims to support the decision making processes of National Dietetic Associations (NDA's) regarding adoption and implementation of standardized terminology for the nutrition care process (NCP). The NCP/SL report of the second European wide survey was finalized and is now available on EFAD's website. This report and other related documents may be found under the PPC button on EFAD's intranet. To assist with information sharing, the PPC has made available on the EFAD website information on standardized language with profile information and contacts. Also, the PPC continues to post information on which countries have publicized specific decisions and actions related to standardized language. To create opportunities for members to share views and experiences related to the pros, cons, barriers and resources for implementation of a standardized terminology, the initiation of beginning to build a network for exchange and assistance is now in progress. The idea of an ESDN focused on SL has been proposed as a way forward. A list of country reference contacts for SL is now under development. This year, the PPC has coordinated two workshops on SL applications. The intent of these workshops is to advance the exploration of SL uses with special emphasis on critical thinking concepts. Outside of Europe, PPC has been involved in an ICDA NCPT (NCP Terminology; former IDNT) workgroup and an Academy (former ADA) workgroup. This is on-going and involves the integration of NCPT into SNOMED. The PPC has been interested to follow developments relating to SL throughout Europe in a health care environment that is actively pursuing the integration of electronic recording. The European Union via the eHealth Governance Initiative is in active collaboration with SNOMED for the integration of SNOMED throughout the EU. The PPC will continue to monitor developments and seek opportunities for active input in areas that pertain to our profession.
- **2. Registration project** The PPC following the EFAD strategic plan aims to contribute to reducing inequalities in professional quality Europe-wide. A PPC subgroup conducted an interview survey and prepared a strategy paper on registration. This paper describes the current situation on dietetic registration in Europe which is a necessary foundation on the way forward at the European level. A conference roundtable on registration facilitated fruitful discussion.
- **3. Supplement to the current Code of Ethics** Within EFAD leadership there has been much discussion and comment on the need within EFAD for revisiting its current code of ethics. There are for example new areas that affect practice such as social media. A subgroup of PPC wrote a recommendation paper as a basis for discussion with members. Using the member feedback received in Lake Garda, the Ethics subgroup developed a supplement to the Code of Ethics, which was presented at the conference to share major areas that impact the practice of dietitians.

Constantina Papoutsakis
Chair, Professional Practice Committee



The Education and Lifelong Learning Committee Report

Since January 2014 the newly elected Education and Lifelong Learning Committee (ELLLC) consists of six members: Agneta Hörnell, Sweden (chair); Manuela Konrad, Austria; Karin Van Ael, Belgium; Uta Koepcke, Germany; Ángela García González, Spain; and Fiona McCullough, United Kingdom.

The committee members were all elected for a 4-year period, but to ensure that not all the committee members will step down at the same time it was decided to stagger the terms of office

An important part of the ELLLC's tasks during these years will be to disseminate deliverables from DIETS and make them known to practising dietitians, dietetic students as well as their teachers. The use of these deliverables has the potential to improve dietetic education and practice in Europe.

Another important change which will bring further improvements to the dietetic workforce is the decision by the 24th EFAD General Meeting in 2013 to admit Higher Education Institutes (HEIs) as Education Associate Members of. This will enable continuation of the successful collaboration between the National Dietetic Associations (NDAs) and HEIs started through DIETS. Together with the new European Specialist Dietetic Networks this will further improve and ensure the training and competence of European dietitians.

ELLLC activities during 2014:

- The group held monthly virtual meetings and one face-to-face meeting in Berlin to work on our deliverables
- Good examples of the use of the European Dietetic Advanced Competences (EDAC) have been collected through a short survey, and will be used in the continued dissemination.
- Together with the Professional Practice Committee (PPC) interviews have been conducted with representatives of NDAs. The aim was to learn more about registration and the requirements for Continued Professional Development (CPD) for dietitians in Europe. A report to guide recommendations about CPD in Europe is being written.
- The interest in, and feasibility of, EFAD certifying/endorsing LLL courses for dietitians is being looked at. Current accreditation processes have been studied and costing analysis is currently underway. Further information will be sought from some NDAs and HEIs.
- A workshop and a presentation about vulnerable groups was made to the annual conference in Athens, Greece.
- On the last day of the conference, a meeting of the Education Associate Members of EFAD discussed how EFAD can support the HEIs and what the HEIs would like the ELLLC to work on in future.

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Prof. Agneta Hörnell Chair of Education Committee



Research and Evidence-based Practice Committee Report

At the beginning of 2014, the new REBP Committee was installed. The Committee had its first virtual meeting in February 2014 and met ten times in total in 2014. The Committee has 6 members, including a chair. The REBP Committee will continue the work that was started in the DIETS2 project.



For 2014, the aims of the Committee were described in the workplan. The Committee worked on:

- 1. The feasibility of an e-journal in terms of what this e-journal could be? Within the committee the future of the e-journal was discussed. A document containing a vision for this e-journal as well as discussion points was prepared by the Committee and was discussed within the Executive Committee. In the meantime a call for the 3rd issue of the "DIETS student e-journal" has been released in order to continue the process until the feature of a future e-journal will be clear.
- 2. Develop an e-course to support dietitians working towards evidence based dietetics. A powerpoint presentation on the topic 'Scientific writing' is developed and will be available on EFAD website in January 2015. The topic was chosen, based on the request of dietitians during previous EFAD conferences.
- 3. Produce guidance of funding opportunities building on information from DIETS2. Interesting calls for research have been published on EFAD's website.
- 4. Disseminate overview of dietitians in Europe working in research
 This aim was a direct input from the request of several dietitians during workshops at the
 EFAD/DIETS conference in 2013. A database was created for dietitians working/engaged in
 research to register themselves and will be available on EFAD website in January 2015.
- 5. Prepare and facilitate a workshop at the EFAD conference The Committee contributed to a round table session at the EFAD conference and hosted a workshop.

The minutes of all committee meetings are available on the EFAD website.

In 2015 the REBP Committee 2015 will work on:

- Produce the 'new' e-journal; this will be the main focus for next year.
- Make a plan for working together with ESDN's: how can REBPC supports the work of ESDN (and the other way around).
- Make a plan for further guidance on funding opportunities.
- Evaluate the database of dietitians working in research.
- Prepare and facilitate a workshop at the EFAD conference.

Dr. Elke Naumann Chair Research Committee



European Specialist Dietetic Network (ESDN) Reports

ESDN – Food Service

In 2014 the activities of the network for food service dietitiansestablished a committee constituted of: Ylva Mattsson Sydner, Sweden (leader), HeidaBjörg Hilmisdóttir, Iceland and Helena Ávila, Portugal. The committee began their work by establishing the ESDNs deliverables and by hosting a roundtable and workshop at the EFAD conference in Athens. The committee will continue to recruit some new members to the committee, key contacts in each country and we also hope to attract more dietitians to the network and this field of interest. In 2015 the ESDN Food Service will continue the ongoing work, for example to develop mission & vision, a position paper and a briefing paper, use social media for communication and host a roundtable in Amsterdam. To do this the committee has regular virtual meetings and communicate by e-mail to members of this network.







Ylva Mattsson Sydner

ESDN - Diabetes

The Diabetes ESDN has been going through a period of change. Firstly, we would like to acknowledge the efforts and hard work of Cathy Breen as the outgoing chair. Secondly, as the new chair I would like to welcome the new committee to the Network.

The network aims to develop the initial work around dietary guidelines, resources and position papers set out in previous work plans. The focus of 2014 was the reconfiguring of the committee and then looking to develop a work plan for 2015. This will be focused on developing a database of dietitians working in the field of diabetes across Europe along with looking to develop partnerships with other professional bodies working with and for people with diabetes (for example IDF, FEND, EASD).

The ESDN network aims to continue its work to collate good practice from across Europe and provide a forum for dietitians working with people with diabetes to discuss and develop their practice. The plan is to develop sharing of practice into research and robust practical nutritional guidelines which are representative and applicable to dietetic practice for all of Europe.









Duane Mellor



ESDN - Public Health

In 2014, the ESDN Public Health directed its activities towards establishing mutual connections and exchanging of some documents dealing with dietetics in the public health sector. The Lead visited Brussels for the Livewell workshop and networked with European stakeholders along with the Secretary General of EFAD. In June the selection of the ESDN committee members took place. The ESDN prepared a roundtable and a workshop for the EFAD - DIETS conference in Athens. Priorities based on the members' needs were established through regular on-line meetings and a physical meeting was held in Athens. A communication and dissemination plan including social media to effectively exchange information and share relevant policy and guidelines related to public health and nutrition policy issues was developed and a member of the committee was appointed as responsible for the task. It is important to set up a data base that will include dietitians and other groups e.g. Nutrition Society, FENS, EPHA, ENHA and national dietetic interest groups interested in Public Health with open channels of communication and plans to develop collaborations. The database will enable mutual communication and exchanges of knowledge and experiences of dietitians who are based in various environments and among different groups of professionals working in the field. We also plan to establish a system that will enable prompt collecting and exchanging of significant political documents dealing with national and European sectors of public health and dietetics.









Grigoris Risvas

ESDN – Older Adults

The ESDN Older Adults committee was founded. The group constitutes of Elisabet Rothenberg ESDN lead. Elisabet is president of the Swedish Association of Clinical Dietitians and assistant and associate professor at Kristianstad University Sweden. The eight members of the ESDN group are: Cecilia Morais Portugal, Elena Moreno Guillamont Spain, Elizabeth Archer UK, Grainne Flanagan Ireland, Harriet Jager-Wittenaar the Netherlands, Mar Ruperto Spain, Marijke Meeusen Belgium and Amalia Tsagari Greece. All very well qualified in terms of education, more than half of the group has a PhD, and in terms of working experience.

The ESDN lead Elisabet Rothenberg attended on the behalf of EFAD the EU meeting "Frailty in old age Identifying priorities for an EU policy" 18th of June. Main speakers were Prof. Kenneth Rockwood, Dalhousie University and Capital District Health Authority, Canada, and Prof. Bruno Vellas, President of the International Association of Gerontology, Toulouse, France. All presentations are available at: http://ec.europa.eu/health/ageing/events/ev_20140618_en.htm

The aim of the meeting was to bring together key experts, representatives of MS, patients' organizations, academics and other relevant stakeholders to identify policy actions, recommendations and guidelines for building a coherent EU policy on frailty.











Elisabet Rothenberg



ESDN – Obesity

The ESDN Obesity steering committee has four members:

Maria Hassapidou, Greece, chair, Professor of Nutrition and Dietetics; expert on adult and childhood obesity with extensive experience in teaching and research

Ellen Govers, Netherlands, co-chair, is a primary care dietitian and a researcher in the field of obesity. Lead of specialist dietetic network on obesity in the Netherlands

Tanja Callewaert, Belgium, is an independent dietitian who works in primary care and runs an independent multidisciplinary group practice.

Hilda Mulrooney, UK, is a senior lecturer in nutrition and a Registered Dietitian. She has worked as a primary care dietitian and in public health and is an active member of Dietitians in Obesity Management UK.

The ESDN held an EFAD round table at the European Conference on Obesity in Sofia, Bulgaria in May 2014. Three speakers gave lectures on: obesity management by dietitians in Greece; prevention and management of childhood obesity in Amsterdam (Netherlands); dietitians treating patients before and after bariatric surgery. In the EFAD conference in Athens the ESDN held a round table on childhood obesity with three speakers and a workshop on new developments with three speakers.

Aims and objectives for 2015:

- ✓ Develop the scientific basis of the ESDN further.
- ✓ Meet virtually 3 times per year.
- ✓ Preparation and planning of the conference presentations
- ✓ Scientific developments related to obesity within member countries that impact on dietitians
- ✓ Communication and dissemination to dietitians in Europe.

During the European Conference on Obesity, May 2015 in Prague, the ESDN Obesity will hold a round table on the dietary recommendations for obesity in Europe.









Ellen Govers



Appendix 1: What EFAD achieved in 2014

Membership

EFAD retained all Full Members (29) and Affiliate Members (4) representing over 32.000 dietitians in Europe. The newly introduced category of EFAD Education Associate Member attracted 21 new members in 2014.

Committees

The Education and Lifelong Learning Committee (ELLLC) and the Research and Evidence Based Practice Committee (REBP) were populated, as were five European Specialist Dietetic Network (ESDN) committees (Obesity, diabetes, older adult, public health and food service)

Scientific Reference and Advisory Group

European Patients' Forum joined the SRAG

Publications

EFAD Work Plans and Business Plans for 2015
Supplement to the EFAD Code of Ethics
Registration Strategy paper
Standardised Language/ Nutrition Care Process vision paper
Continuous Professional Development report
Two eJournals
Database of dietitians working in research

Policies

Revised Policy on Collaboration with Industry Policy on Claiming Reimbursement

Events

25th General Meeting attended by 26 National Dietetic Associations and 5 Education Associate Members

8th EFAD-DIETS conference attended by 358 delegates and 325 students.

Consultations

EFAD participated in consultations on:

- European Professional Card
- Patient Safety and Quality of Healthcare
- EU Drinking Water Directive
- The European Skills Competences Occupations (ESCO) draft definitions
- Granada Declaration for better protection of migrants' and ethnic minorities' health

Representations

EFAD was represented 44 times, including:

- 5 European Commission events
- WHO regional ministers meeting
- 3 European Food Safety Authority Stakeholder Platform meetings
- 2 Joint Programming Initiative Stakeholder Advisory Boards
- European Nutrition for Health Alliance meetings
- EFAD member association events



Appendix 2: 25th General Meeting Report

The EFAD 25thGeneral Meeting (GM), hosted by the Hellenic Dietetic Association on 9th October in Athens, Greece, was attended by representatives from 26 National Dietetic Associations and 5 Education Associate Members.

Prof. Anne de Looy was re-elected as Honorary President 2014-2018 and the British Dietetic Association was re-elected to the Executive Committee.

Anne de Looy briefed the GM about the WHO European Regional ministerial conference which she had attended as an observer. She emphasised that EFAD needed to know about the projects which dietitians were involved in so that this could be reported back to WHO and the Ministers of Health in future. She also informed the GM that the European Patients' Forum had accepted an invitation to join the EFAD Scientific Reference and Advisory Group

Judith Liddell, Secretary General, updated the General Meeting by explaining that EFAD now has 29 Full Member Associations, 4 Affiliate Member Associations and 27 Education Associate Members, representing over 32.000 dietitians. This is 50% of all dietitians in Europe, which meant that EFAD was a credible and influential voice when lobbying on behalf of dietitians.

In 2014 EFAD participated in consultations on:

- European Professional Card
- Patient Safety and Quality of Healthcare
- EU Drinking Water Directive
- The European Skills Competences Occupations (ESCO) draft definitions
- Granada Declaration for better protection of migrants' and ethnic minorities' health

EFAD was represented 44 times, including:

- 5 European Commission events
- WHO regional ministers meeting
- 3 European Food Safety Authority Stakeholder Platform meetings
- 2 Joint Programming Initiative Stakeholder Advisory Boards
- EFAD member association events

10 different experts were involved in representing EFAD in 2014 – an increase on previous years.

The GM adopted the Revised Policy on Collaboration with Industry, the Policy on Claiming Reimbursement and the EFAD Work Plans for 2015. The GM also agreed that in future EFAD would host a large conference every two years with a smaller conference and longer General Meeting in alternate years. The next General Meeting and conference will be from 21-25 October 2015 in Amsterdam.

The 8thEFAD-DIETS conference, following the General Meeting, was the most successful yet! It was attended by 358 delegates and 325 students. There were 87 presentations in total – all viewable on the EFAD web site: http://www.efad.org/everyone/4513/5/0/32



Appendix 3: EFAD Communication Strategy evaluation questionnaire

Members of the EFAD Executive Committee interviewed 15 conference attendees in November 2014 to ask their views on how EFAD communicates, as part of the evaluation of the EFAD <u>Communication Strategy 2012-2017</u>. 50% of the respondents were dietitians, 29% teachers of dietitians and 21% were students.

Brochure

EFAD published a revised brochure in 2012, but only three of the interviewees had seen it. Encouragingly, two of them had shown the brochure to somebody else.

Newsletter

EFAD produced ten newsletters since May 2012. Eight (58%) interviewees responded that they hadn't seen any EFAD Newsletters. Three from 14 interviewees could not remember exactly how many newsletters they had seen. Half of those who had seen the newsletters received them by direct mailing. Two people had found the newsletter interesting, while no-one reported that it wasn't interesting. Two respondents disseminated the newsletters, but they did not specify to whom. From those interviewed nobody had contributed to a newsletter, but half of them would consider contributing in the future.

A separate online survey of newsletter readers was conducted between 13 December 2014 and 12 January 2015. The findings are published in the full report available on www.efad.org/iextranet/4363

Social media

EFAD has used Facebook since 2011 and LinkedIn since 2012 to disseminate information. Only one person had used the EFAD Facebook, but reported that they had found it useful. Four (30%) of the non-users answered that they didn't use Facebook at all..

Usage of LinkedIn was also not positive. Nobody used the EFAD LinkedIn group, but they did not specify why, we did not get any information about their LinkedIn usage at all. In 2013 we got more positive results about the awareness and usage of the social media.

EFAD website

The EFAD web site, first launched in 2000, is used as the main portal of communication. Only 65% (9/14) of the respondents had visited the EFAD website, the non-visitors were students and practising dietitians. Regarding the Extranet, 3 of the website visitors were registered to use it. Only one dietitian was registered to use the Intranet. Only 28% (4/14) had a link from the website of their own institute to the EFAD website. Navigating the website seemed not to be complicated for most, because 5/9 could find easily what they were looking for. With the exception of one person, the others who were registered on the website (Extranet) received weekly notifications (2/3).

This year we did not get information about the satisfaction with the website through our questionnaire, but from informal discussions seemed that there is still room for improvement.



E-journal

The first eJournal for student dietitians was published by DIETS in summer 2013, with a further issue published in 2014. Only 3/14 respondents had heard about the E-journal. Of them, one was a student who mentioned the academic staff as a source of information. As most of the interviewees have not heard about it, we did not get information about the usefulness of the E-journal.

EFAD Code of ethics

The EFAD Professional Practice Committee used the survey to investigate the need to expand the "EFAD Code of Ethics and Good Practice for Dietitians". 4/14 respondents were familiar with the Code of Ethics. From those who either were familiar with, or knew about, the code of ethics one answered that they felt there was a need to expand it.

Knowledge of EFAD activities – where it had impact

5/14 (36%) gave a positive answer to the question about the impact of EFAD activities and communication.

Conclusion

The number of interviews conducted in 2014 was much lower than in 2013. More than half of the conference attendees were from Greece and many of the Greek delegates were students, which might also have influenced the results of the survey. Consequently caution must be applied when drawing conclusions from the data obtained.

However, it is still clear that some of the interviewees (and by inference some of the conference attendees) were not aware of EFAD and the work that EFAD does. Only a few had used EFAD social media, while slightly more than half had visited the EFAD web site. The EFAD newsletters were not well known.

One third of interviewees did describe positive impacts resulting from EFAD activities.

Recommendations

The EFAD web site is still the most accessed social media and must continue to be maintained and upgraded as necessary.

EFAD should be promoted more effectively to conference delegates. Delegate email addresses could be added to the EFAD mailing lists (with permission) or delegates could be personally invited to register to use the EFAD extranet on registration.

The EFAD newsletter should be more effectively disseminated. Suggestions are given in full report.

The communication strategy survey should be online in future and delegates should be asked to complete it when they register to attend the conference. All EFAD delegates and stakeholders should also be asked to complete it to obtain feedback on how EFAD is meeting the communication strategy.

Full report available on www.efad.org/iextranet/4363



Appendix 4: Standards, Strategies and Policies adopted in 2014

EFAD Policy on Claiming Reimbursement

Adopted by the 25th General Meeting on 9 October 2014

Background:

In the past claims for reimbursement of expenses have been submitted by EFAD executive committee members and staff up to one year after the event.

This resulted in unexpected costs being debited from the bank account and made it difficult to calculate the budget for EFAD accurately.

In 2014 it is expected that expenditure will exceed income. This will require close monitoring by the Treasurer to ensure the amount of deficit remains within approved parameters.

The Treasurer cannot accurately calculate the budget if the amount of outstanding payments is not known.

To enable accurate calculation of the budget it is proposed that only claims made within 8 weeks of the event will be reimbursed and that claims made after this date will not be reimbursed.

To enable the Treasurer to make payments within the financial year in which they are due, claims

To enable the Treasurer to make payments within the financial year in which they are due, claims arising in November and December should be submitted before the end of the year if at all possible.

Proposed policy:

All claims for reimbursement of travel, accommodation, subsistence or staff costs must comply with the "Rules for Reimbursement" (Appendix 1) and be accompanied by:

- Application form (appendix 2) fully completed and signed in original copy
- Original receipts for all payments

Claims for reimbursement must normally be made within 8 weeks of the event.

Claims submitted later than this will not be reimbursed.

Whenever possible, claims arising in November and December should be submitted before the end of December.

Date of first publication October 2014 Revision date October 2019

Full policy with appendices is available on http://www.efad.org/iextranet/4105/5/0/70



EFAD Guidelines for Sponsorship and Collaborative Partnership with Industry Adopted by the 25th General Meeting on 9 October 2014

INTRODUCTION

EFAD is a Professional Association and non-governmental organisation that maintains independence and integrity at all times.

EFAD's guidelines for sponsorship and partnership with industry aim to increase EFAD's potential to access funds or services from companies or foundations, while maintaining the integrity of EFAD and the independence and professional standing of its members. A wide range of options exists for collaboration of EFAD with industry. Such collaborations can mutually support the aims of EFAD and of the collaborating organisation. Forming new alliances is a positive way forward for EFAD in promoting its aims and its aspirations.

Collaboration Criteria

Every collaboration between EFAD and a third party will have to meet the following criteria:

- The collaboration contributes in an effective manner to the mission and goals of EFAD;
- The cooperation is not in violation of any local, national or international law or regulation;
- EFAD reserves fully autonomous control with regard to the information and advice given on the benefits and / or risks in the fields of health and sustainability of food;

Partner Criteria

EFAD is aware that the interests of potential partners, especially when operating in the food industry, may be different to the interests of EFAD. EFAD will, therefore, always assess whether a partnership is appropriate, given the nature of the business and reputation of the potential partner.

EFAD will only enter into sponsorship and partnership arrangements with organisations that hold views and practices that are not contrary to EFAD's mission and values, or the ethics of the profession.

EFAD will not, under any circumstances, work with:

- Organizations which are active in the production of tobacco and / or alcoholic beverages;
- Organizations that profit predominantly from the sale of tobacco and / or alcohol;
- Organizations that are characterized predominantly by sales and / or production of foods which are not conducive to a healthy lifestyle¹

The sponsorship guidelines shall be publicly available on EFAD's website and shall comply with EFAD statutes, objectives and mission: to promote better nutrition and health for all people living in Europe.

Partnership is defined as:

Joint participation in an activity, project or event, where the commercial company is involved in direct collaboration with EFAD, in addition to providing support.

Whilst EFAD recognizes that partnerships are essential in advancing EFAD's objectives, any partnership that EFAD undertakes should in no way compromise, or be seen to compromise, the independence of EFAD's decision making processes. The independence of the internal policy making, political judgement and annual activities of EFAD should not be influenced by a partner's economic support.

Sponsorship is defined as:

¹European Commission regulations on Health and Nutrient claims http://ec.europa.eu/food/food/labellingnutrition/claims/index en.htm



The acceptance of contributions of money, services and products by EFAD on behalf of its members (whether offered or sought by EFAD).

EFAD can enter into sponsorship with companies or foundations that hold views and practices that are not contrary to EFAD's mission and values. EFAD will only accept funding that does not compromise its core principles and does not restrict its ability to address relevant issues freely.

Promotion is defined as:

The publication of information, on behalf of a collaborator, in the EFAD newsletter or conference programme or on the EFAD web site and Facebook pages.

The distribution of collaborator's information or questionnaires by direct mailing to National Dietetic Associations or web site users.

As described in the "terms of registration" the email addresses of EFAD web site users will not be divulged to any collaborator.

GUIDELINES FOR COLLABORATION WITH INDUSTRY

EFAD has a responsibility to maintain the professional independence and integrity of its members, and will ensure it is preserved in any financial relationship. In any collaboration EFAD should be able to demonstrate that the sponsorship does not exert any influence on its own policies and practices.

Collaboration should only be undertaken with companies which have a business philosophy or code of beliefs (ethics) that is acceptable to EFAD

Collaboration can only take the form of financial support for specific projects or activities, not for core business of EFAD.

Any request from an organisation to use EFAD's name and/or logo must be made in writing to the Secretary General

The name and the logo of EFAD should never be used in any separate promotion by companies without express prior written agreement being obtained from EFAD.

All financial transactions should be handled by the Honorary Treasurer of EFAD or his/her nominated representative.

EFAD reserves the right to refuse new sponsorship or to terminate existing sponsorship if the sponsorship diverts from the agreed terms or these principles.

Published September 2011 Revised 2014 Adopted October 2014

Full policy with appendices is available on http://www.efad.org/iextranet/4105/5/0/70



Appendix 5: Independent Auditor's Report2013



Independent auditor's report

To: the Executive Committee of the European Federation of the Association of Dieticians

We have audited the accompanying financial statements 2013 of the European Federation of the Association of Dieticians, Oss, which comprise the balance sheet as at 31 December 2013, the profit and loss account for the year then ended and the notes comprising a summary of the accounting policies and other explanatory information.

The Executive Committee's responsibility

The Executive Committee is responsible for the preparation and fair presentation of the financial statements in accordance with the Guideline for annual reporting 640 'Not-for-profit organizations' of the Dutch Accounting Standards Board. Furthermore, The Executive Committee is responsible for such internal control as it determines is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

Auditor's responsibility

Our responsibility is to express an opinion on these financial statements based on our audit. We conducted our audit in accordance with Dutch Law, including the Dutch Standards on Auditing. This requires that we comply with ethical requirements and plan and perform the audit to obtain reasonable assurance about whether the financial statements are free from material misstatement.

An audit involves performing procedures to obtain audit evidence about the amounts and disclosures in the financial statements. The procedures selected depend on the auditor's judgment, including the assessment of the risks of material misstatement of the financial statements, whether due to fraud or error.

In making those risk assessments, the auditor considers internal control relevant to the entity's preparation and fair presentation of the financial statements in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the entity's internal control. An audit also includes evaluating the appropriateness of accounting policies used and the reasonableness of accounting estimates made by The Executive Committee, as well as evaluating the overall presentation of the financial statements.

We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our audit opinion.





Spaarne Accountains & Betastingadviseurs B.V. is een bestolen vennootshap met begreen kte aanspraketijk indetenden aan Nederlands recht. Op onze werksaamheden zijn algemene voorwaarden voorwaarden voor toegas in de kamer van de gasporskeld in de Samer van de aanspraketijk helde on de aanspraketijk helde





Opinion

In our opinion, the financial statements give a true and fair view of the financial position of the European Federation of the Association of Dieticians as at 31 December 2013, and of its result for the year then ended in accordance with the Guideline for annual reporting 640 'Not-for-profit organizations' of the Dutch Accounting Standards Board.

Haarlem, 6 October 2014

Spaarne Accountants & Belastingadviseurs B.V.



Appendix 6: List of Committee Members, representatives, Scientific Reference and Advisory Group, Honorary Members and Secretariat

Executive Committee

President: Prof Anne de Looy, Plymouth University, United Kingdom (2010-2014) (2014-2018)

	,	() ()
Honorary Treasurer	German Dietetic Association	Manuela Thul (2013-2015)
Member	British Dietetic Association	Carole Middleton (2010-2014)
Member	British Dietetic Association	Pauline Douglas (2014-2018)
Member	French Association of	Thérèse Libert (2012-2016)
	Nutritionist Dietitians	
Member	Dutch Dietetic Association	Annemieke van Ginkel-Res
		(2012-2016)
Chair of Education and LLL	Swedish Association of Clinical	Agneta Hörnell (2010-2017)
(ELLLC) Committee	Dietitians & Umea University	
Chair of Research and	Dutch Association of Dietitians	Elke Naumann (2010-2017)
Evidence Based Practice	& HAN University	, , ,
(REBPC) Committee		
Chair of Professional Practice	Cyprus Dietetic Association	Constantina Papoutsakis
Committee (PPC)		(2012-2015)

Professional Practice Committee

Chair: Constantina Papoutsakis – the Cyprus Dietetic Association

The state of the s		
PPC Committee members	PPC Reference Group members	
Ylva Orrevall (SE)	none	
Lene Thoresen (NO)		
Naomi Trostler (IL)		
Claudia Bolleurs (BE)		

Education and Lifelong Learning Committee

Chair: Agneta Hörnell, the Swedish Association of Clinical Dietitians & Umea University

ELLL Committee members:	ELLL Reference Group members
Karin Van Ael (BE)	Ute Brehme (DE)
Ángela García González (ES)	Anastasia Markaki (GR)
3. Uta Koepcke (DE)	3. Fiona Moor (UK)
4. Manuela Konrad (A)	4. Ana Catarina Moreira (PT)
5. Fiona McCullough (UK)	5. Franziska Pfister (A)
	6. Grigoris Risvas (GR)
	7. Miguel Yeep (PT)

Research and Evidence Based Practice Committee

Chair: Elke Naumann, the Dutch Association of Dietitians & HAN University

REBP Committee members:	REBP Reference Group members
GulcanArusoglu (TR)	Julia Eisenblätter (S)
2. Maria Hassapidou (GR)	2. Vilma Kriaucioniene (LT)
3. Sofie Joossens (BE)	, ,
4. Meropi Kontogianni (GR)	
5. Duane Mellor (UK)	

ESDN Food Service Committee members (3) (2014-2018)

Ylva Mattsson Sydner (Lead)	Sweden
Helena Avila	Portugal
Heida Biorg Hilmisdottir	Iceland



ESDN Older Adult Committee members (9) (2014-2018)

Elisabet Rothenberg (Lead)	Sweden
Cecilia Morais	Portugal
Elena Moreno Guillamont	Spain
Elizabeth Archer	UK
Grainne Flanagan	Ireland
Harriet Jager-Wittenaar	Netherlands
Mar Ruperto	Spain
Marijke Meeusen	Belgium
Amalia Tsagari	Greece

ESDN Diabetes Committee members (4) (2014-2018)

Duane Mellor (Lead)	UK
Aimilia Papakonstantinou	Greece
Emel Selma Ozer	Turkey
Daniela Wewerka-Kreimel	Austria

ESDN Public Health Dietitians Committee members (6) (2014-2018)

Grigoris Risvas (Lead)	Greece
Teresa Rodrigues	Portugal
Manuel Moñino	Spain
Amanda Avery	UK
Seniz Ilgaz	Turkey
Cairns Sophie	UK

ESDN Obesity Committee members (4) (2014-2018)

Maria Hassapidou (Lead)	Greece
Ellen Govers (Lead)	Netherlands
Hilda Mulrooney	UK
Tanja Callewaert	Belgium

EFAD Representative to European Food Safety Authority (EFSA)

Michael Gore (Elected 1.8.14)	Belgium
Mary Flynn	Ireland

Scientific Reference and Advisory Group

Glenis Willmott, MEP Leader, European Parliamentary Labour Party

Johanna Dwyer, D.Sc., RD Senior Nutrition Scientist, OD/Office Dietary Supplements/National Institutes of Health; USA Government

Chris Trimmer, PhD Executive Director, International Association for the Study of Obesity Cees Smit, European Patients' Forum

Honorary Members

Anneke Krijger – Honorary Secretary 1978 – 1988

Renate Frenz – Honorary President 1984 - 2000

Irene Mackay - Honorary President 2000- 2006

Karin Hådell – Honorary President 2006 – 2010

Secretariat

Judith Liddell - Secretary General

Reka Kegyes Bozo - Administrative Assistant



Appendix 7: EFAD Members and Delegates 2014

Association	Delegates	
The Austrian Association of Dietitians	Trudy Giesinger	
	Andrea Hofbauer (P)	
The Flemish Association of Nutritionists and Dietitians	Tanja Callewaert	
	Myriam Franckx	
Professional Union of French Speaking Dietitians (U.P.D.L.F.)	Chloé Desmet	
, ,	Serge Pieters (P)	
Swiss Association of Registered dietitians	Gaby Fontana (P)	
	Beatrice Conrad	
	Adrian Mueller (since 10/14)	
Cyprus Dietetic Association CyDA	Eleni Andreou (P)	
	Christiana Philippou	
The Danish Diet and Nutrition Association	Michael Allerup Nielsen	
	Mary Ann Soerensen	
The Association of Danish Clinical Dietitians	Sofie la Motte	
	Sofie Wendelboe (P)	
The German Dietitian Association VDD	Daniel Buchholz	
	Manuela Thul	
General Council of Dietitians-Nutritionists of SpainCGDN	Manuel Monino (vP)	
	Alma Palau(P)	
The Association of Clinical and Public Health Nutritionists in Finland	Leena Rechardt (P)	
French association of nutritionist dietitians – AFDN	Isabelle Parmentier (P)	
	Thérèse Libert	
Hellenic Dietetic Association HDA	Grigoris Risvas (P)	
	Amalia Tsagari	
Hellenic Association of Dietitians – Technologists of Nutrition	Manolis Manolarakis (P)	
	Karakike Catherine	
Association of Hungarian Dietitians	Bernadett Tóth	
	Jolán Kubányi (P)	
Irish Nutrition and Dietetic Institute INDI	Deidre Mc Cormack	
	Niamh Fitzpatrick (since 1/15)	
	Richelle Flanagan (P)	
The Icelandic Dietetic Association	Heida Bjorg Hilmisdottir	
Italian Association of Dietitians	Ersilia Troiano (P)	
	Dr. Marco Tonelli	
Luxembourg Dietetic Association	Anne Zimmer	
Dutch Association of Dietitians	Wineke Remijnse	
	Annemieke van Ginkel	
The Norwegian Dietetic Association	Marianne Lidstrøm	
	Arnt Steffensen (P)	
Norwegian Association of Clinical Dietitians affiliated with The	Sissel Urke Olsen	
Norwegian Association of Researchers	Sissi Stove Lorentzen	
Polish Society of Dietetics	Danuta Gajewska (P)	
Association of Portuguese Nutritionist (APN)	Ávila M., Helena (P)	
	Célia Craveiro	



Portuguese Association of Dietitians	Vania Costa
	Zélia Santos
The Swedish National Association of Dietitians	Marianne Schroder-Maagaard
	Marianne Backrud-Hagberg
	(P)
The Swedish Association of Clinical Dietitians	Elisabet Rothenberg (P)
	Maggie Rodebjer
Slovene Nutritionist and Dietetic Association	Stojan Kostanjevec
	Tamara Poklar Vatovec (P)
Turkish Dietetic Association	Dilek Ongan
	Zehra Buyuktuncer Demirel
The British Dietetic Association	Fiona McCollough
	Pauline Douglas

Affiliate members	
ATID-Israeli Dietetic Association	Naomi Trostler
	Tal Peleg
Nutritionist – Dietitians' Association of Latvia	Laila Meija
	Solveiga Niedra
Romanian Association of Dietitians	Diana Suciu
	Kinga Laczko
Romanian Nutrition and Dietetic Association	Florina Ruta (P)
	, ,

Education Associate members		
Artesis Plantijn University College, The Netherlands	Koen Vanherle	
	Veerle van Vlaslaer	
Bern University of Applied Sciences, Switzerland	Julia Eisenblaetter	
Department of food, nutrition and dietetics Uppsala University	Ylva Mattson Sydner	
Erasmus University College Brussels, Belgium	Ann Lovato	
	Lut Leeuwerck	
FH Campus Wien, Austria	Andrea Hofbauer	
FH Joanneum University of Applied Sciences, Austria Manuela Konrad		
Fulda University of Applied Sciences, Germany	Kathrin Kohlenberg Müller	
HAN University, Netherlands	Annemarie Nijhof	
	Elke Naumann	
The Hague University of Applied Sciences, The Netherlands	Inge Audenaerde	
Higher School of Health's Technology of Lisbon, Portugal	Ana Catarina Moreira	
	Christina Marques	
Leuven University College, Belgium	Sofie Joossens	
St. Pölten University of Applied Sciences, Austria	Barbara Zimmer	
Thomas More Institute, Belgium	Karin van Ael	
Umea University Dept of Food & Nutrition, Sweeden	Agneta Hörnell	
	Sandra Ottosson	
University of Applied Sciences for Health Professions	Elisabeth Farmer	
Upper Austria, Austria		
University of Applied Sciences Groningen, Netherlands	Joke Kruk	
University College Ghent, Belgium	Willem de Keyzer	



University College Zealand, Denmark	Ane Kruse
	Line BakJosephsen
University of Neubrandenburg, Germany	Ann-Christin Lindenau
	Julia von Grundherr
	Daniel Buchholz
University of Nottingham, UK	Sharon Mills
	Fiona McCullough
University of San Pablo –CEU, Spain	Angela Garcia Gonzales



Appendix 8: Organisations with whom EFAD collaborates

ICDA

International Confederation of Dietetic Associationswww.internationaldietetics.org



WHO

World Health Organisation Regional Office for Europe www.euro.who.int/nutrition (representative Anne de Looy)



EU Platform

EU Platform for Action on Diet, Physical Activity and Health http://ec.europa.eu/health (representatives Anne de Looy, Judith Liddell)



EFSA

European Food Standards Agencywww.efsa.europa.eu (Representatives Alison Nelson, Mary Flynn)



EPHA

European Public Health Alliance www.epha.org (Representative Judith Liddell)



ENHA

European Nutrition for Health Alliance www.european-nutrition.org (representatives Anne de Looy, Judith Liddell)



EFPC

European Forum for Primary Care www.euprimarycare.org (Representative Sophie Rodebjer)



FUEIC

European Food Information Council www.eufic.org (representatives Anne de Looy, Judith Liddell)



BiB

Breakfast is Best www.breakfastisbest.eu (Representative Judith Liddell)



GDS

Global Diabetes Survey www.globaldiabetessurvey.com (Representative Duane Mellor)



IASO

International Association for the Study of Obesity www.iaso.org (Representatives Maria Hassapidou; Ellen Govers)



EASO

International Association for the Study of Obesity www.easo.org



(Representatives Maria Hassapidou; Ellen Govers)



Appendix 9: Projects, Collaborations and Consultations

FibeBiotics (2011-2016)

"Dietary Fibers supporting Gut and Immune Function - From polysaccharide compound to health claim"

Lead partner: Dienst Landbouwkundig Onderzoek, Food & Biobased Research, NL.

EFAD is a member of the Scientific Advisory Board.

This project is funded by grant FP7-KBBE-2011-5

Income: Travel and subsistence for an EFAD representative attending one meeting a year of about €1600

EFAD is represented by Annelies Rotteveel

Food4Me (2011-2015)

"Personalised nutrition: An integrated analysis of opportunities and challenges"

http://cordis.europa.eu/fetch?CALLER=FP7_PROJ_EN&ACTION=D&DOC=1&CAT=PROJ&QUER Y=0130f43406d1:8d58:586d9904&RCN=98657

Lead partner: The Institute of Food and Health, University College Dublin, Ireland

EFAD is a stakeholder in the Ethical and Legal issues workpackage (WP5).

The project is funded by grant FP7-KBBE-2010-4 (Contract no 265494).

Income: Travel and subsistence for an EFAD representative attending WP5 stakeholders meetings

EIP Active and Healthy Ageing

http://ec.europa.eu/research/innovation-union/index_en.cfm?section=active-healthy-ageing

Lead Partner: European Commission

EFAD is a member of a joint action to prevent frailty through screening for malnutrition, together

ENHA. The project is not funded. EFAD travel and subsistence expenses are partly met by

ENHA.

EFAD is represented by Elisabet Rothenberg& Judith Liddell

JPI Healthy Diet for a Healthy Lifestyle

www.healthydietforhealthylife.eu/

Lead partner: Instituto de Salud Carlos III

EFAD is a member of the Stakeholder Advisory Board (SHAB). Partners include Ministries from 21

Members States. The project fund SHAB members' expenses.

EFAD is represented by Anne de Looy

ILC-UK Steering Group

Review of policy relating to constipation management in residential care homes across Europe

Lead partner: International Longevity Centre – UK <u>www.ilcuk.org.uk</u>

Income: travel and subsistence for an EFAD representative to attend steering group meeting

EFAD is represented by Grainne Flanagan

HabEat Project (2010-2014)

Determining factors and critical periods in food Habit formation and breaking in Early childhood: a multidisciplinary approach

Lead partner: Institut national de la recherche agronomique (INRA) – FR <u>www.inra.fr</u> EFAD is represented by Therese Libert



Advocacy - EFAD

EFAD responded to the following consultations in 2013/14:

November 2013

European Professional Card http://www.efad.org/iextranet/4360

February 2014

Consultation and evaluation of the implementation of the Council Recommendation 2009 /C 151/1on Patient Safety and Quality of Healthcare http://www.efad.org/iextranet/4355

April 2014

The European Skills Competences Occupations (ESCO) asked EFAD to comment on the occupations and draft definitions http://www.efad.org/iextranet/4359

September 2014

Quality of HealthCare with special emphasis on Patient Safety http://www.efad.org/iextranet/4350

Public consultation on Quality of Drinking Water in the EU http://www.efad.org/iextranet/4442

EFAD signed the Granada Declaration for better protection of migrants' and ethnic minorities' health http://www.efad.org/iextranet/4349

Advocacy- EFAD member associations

April 2014

The Hellenic Dietetic Association signed the Granada Declaration for better protection of migrants' and ethnic minorities' health http://www.efad.org/iextranet/4349

May 2014

The Hellenic Dietetic Association responded to the EFSA public consultation on the draft Scientific Opinion of the NDA Panel on the essential composition of infant and follow-on formulae http://www.efsa.europa.eu/en/consultationsclosed/call/140424.htm



Appendix 10: Meetings Attended 2014

Date/deadline	Place	What	EFAD Representative
January			
10.01.2014	Brussels	6th SHAB Meeting	Anne de Looy
February			
06.02.2014	Brussels	Platform meeting	Anne de Looy
07-09.02.2014	Brussels	99EC meeting	Executive committee
25-26.02.2014	Athens, Greece	Nutrition and Physical Activity from childhood to old age: challenges and opportunities	Tina Papoutsakis, Maria Hassapidou
March			
18.03.2014	Brussels	Health in Europe – making it fairer	Judith Liddell
24-25.03.2014	Brussels	European Public Health Alliance (EPHA) Professional Development Program (PDP)	Maria Grammatikopoulou
26-27.03.2014	Parma, Italy	24th EFSA Stakeholder consultative Platform meeting	Mary Flynn
27.03.2014	Brussels	JPI 3rd SHAB/SAB Meeting	Anne
April	2. 400010	or rough or to mooning	,
03.04.2014	Neubrandenburg, Germany	opening ceremony of the Bachelor course on dietetics inUniversity of Applied Sciences in Neubrandenburg	Anne de Looy
02-05.04.2014	Ankara, Turkey	IX. International Congress of Nutrition and Dietetics	Judith Liddell, Elke Naumann, Agneta Hörnell
30.04- 01.05.2014	Dijon, France	HabEat final symposium	Therese Libert
May			
09-10.05.2014	Wolfsburg, Germany	Conference of German Dietetic Association	Anne de Looy, Judith Liddell
13-14.05.2014	Sunvolden, Norway	Fibebiotics Stakeholder Advisory Board	Annelies Rotteveel
22-23.05.2014		XIII Congress of Food and Nutrition – "Nutrition's paths to achieve + Health"	Anne de Looy
26-27.05.2014	Copenhagen, Denmark	Inprofood Workshop - the voice of citizens in food, nutrition and health research innovation	Anne de Looy
28-31.05.2014	Sofia, Bulgaria	ECO2014	Anne de Looy, Ellen Govers, Maria Hassapidou
June			
4-5.06.2014	Brussels	25th EFSA Stakeholder consultative Platform meeting	Mary Flynn
5-7.06.2014	Marseille	AFDN national Congress	Anne de Looy
09-11.06.2014	Chicago, USA	NCP-SL Committee July Meeting in Chicago	Tina Papoutsakis
10-11.06.2014	Brussels	Platform and High Level Group joint meeting	Judith Liddell
11-12.06.2014	Brussels	LiveWell for LIFE: Facilitating the adoption of healthy, sustainable diets in the EU	Judith Liddell
12-16.06.2014	Berlin, Germany	Face-to-face ELLLC meeting	Education and LLL Committee
18.06.2014	Brussels	second international conference on frailty in old age	Elisabet Rothenberg



July		_	
02.07.2014	Brussels	Targeting at risk-of-poverty populations in Europe	Judith Liddell
		with affordable and nutritionally enhanced food	
		<u>products</u>	
14.7.14	Brussels	DG SANCO and EFPC meeting	Judith Liddell
28.7.14	Cluj, Romania	Romanian Dietetic Association	Anne de Looy
August		_	
September			
01-02.09.2014	Barcelona, Spain	Fifth EFPC bi-annual conference	Celia Puig
01-02.09.2014	Berlin, Germany	JPI SHAB Workshop on Future Research Topics	Anne de Looy
15-18.09.2014	Copenhagen,	Sixty-fourth session of the WHO Regional	Anne de Looy
	Denmark	Committee for Europe	
25.09.2014	Brussels	Platform meeting	Judith Liddell
October			
07-08.10.14	Milan, Italy	iFamily SAB meeting	Grigoris Risvas
08-09.10.2014	Athens, Greece	Face-to-face EC meeting and 25GM	Executive
			committee
18-21.10.2014	Atlanta, USA	2014 Academy of Nutrition and Dietetics	Anne de Looy
		International Lecture Invitation	
23-24.10.2014	Ispra, Italy	Workshop on nutrition and active healthy ageing	Elisabet
			Rothenberg
30-31.10.2014	Amsterdam, The	SNOMED CT Implementation Showcase 2014	Claudia Bolleurs
	Netherlands		
November			
03-05.11.2014	Brussels	ENHA trustees and members meeting	Anne de Looy
03-04.11.2014	Tempe, Arizona,	ICDA workshop	Agneta Hörnell
	USA		
03-07.11.2014	Brussels	Invitation to World Diabetes Day events	Duane Mellor
04-05.11.2014	Brussels	"Optimal Nutritional Care for All" conference	Anne de Looy
13.11.2014	Virtual	EPHA Policy Coordination Meeting (PCM)	Judith Liddell
19.11.2014	Brussels	ENHA Trustees meeting	Anne de Looy
19-20.11.2014	Brussels	26th EFSA Stakeholder consultative Platform	Michael Gore
		meeting	
21.11.2014	London, UK	myPace – 2 nd PAB meeting 21 November	Anne de Looy
25-27.11.14	Cork, Ireland	Fibebiotics Stakeholder Advisory Board	Annelies Rotteveel
27-30.11.14	Nicosia, Cyprus	8 th International Conference of the Cyprus Dietetic	Anne de Looy
		& Nutrition Association	
December			
5.12.2014	Brussels	9 th SHAB meeting JPI-HDHL	Anne de Looy



Appendix 11: DIETS/EFAD 8th Conference Report

The 8th EFAD Conference was hosted by the Hellenic Dietetic Association in Athens, Greece for 4 Days in October 2014. There were 16 lectures, 21 Roundtables, 10 workshops, 2 Lifelong Learning courses and 6 poster sessions with 63 posters presented electronically.

The conference was attended by 245 delegates, 325 students, 113 speakers-moderators-chairs-committees-facilitators and 22 exhibitors from 29 countries. The most represented countries in descending order were Greece, Belgium, The Netherlands, United Kingdom and Sweden.

The conference evaluation survey indicated that the 8th EFAD conference was highly successful in terms of numbers of attendees and attendee satisfaction.

The format of lectures, roundtables, workshops and symposia, often running parallel, was widely welcomed, although there were comments about the programme being crowded.

However, the majority of participants were satisfied or very satisfied with the quality of the lectures, workshops and roundtables.

Sponsorship was obtained from 14 different companies, nine of which had not previously supported EFAD.

More information about the conference and copies of all presentations are available on http://www.efad.org/everyone/4508/5/0/32



Appendix 12: Acronyms used within EFAD

AEDN The Association of Spanish Dietitians and Nutritionists

AFDN The French Association of Nutritionist Dietitians

AND Academy of Nutrition and Dietetics (formerly American Dietetic Association)

ANDID The Italian Association of Dietitians
APD The Association of Portuguese Dietitians
APEL Accredited Prior Experiential Learning
APN The Association of Portuguese Nutritionists

AroND Association of Romanian Nutritionists and Dietitians

BDA The British Dietetic Association

BiB Breakfast is Best

CPD Continuous Professional Development

CGDNE General Council of Spanish Dietitians and Nutritionists

CyDA Cyprus Dietetic Association

DG SANCO Directorate General for Health and Consumers

DRF The Swedish Association of Clinical Dietitians
EASO European Association for the Study of Obesity

EBP Evidence Based Practice EC Executive Committee

ECO European Congress of Obesity

ECOC EFAD Conference Organising Committee
ECPC EFAD Conference Programme Committee
EDAC European Dietetic Advanced Competencies
EDBS European Dietetic Benchmark Statement

EDC European Dietetic Competences and Performance Indicators
EFAD The European Federation of the Associations of Dietitians

EFPC European Forum for Primary Care EFSA European Food Safety Authority

EIP AHA European Innovative Partnership Active and Healthy Ageing

ELLL Education and Lifelong Learning Committee

ENHA European Nutrition for Health Alliance

EPHA European Public Health Alliance
ESDN European Specialist Dietetic Network

ESPEN European Society of Clinical Nutrition and Metabolism

EuDAP European Dietetic Action Plan

EUFIC European Food information Council

FaKD The Association of Danish Clinical Dietitians

FNAP Food and Nutrition Action Plan (WHO)

GDS Global Diabetes Survey

GM General Meeting

GMMA General Meeting of Member Associations

HDA The Hellenic Dietetic Association

HEI Higher Education Institute

IASO International Association for the Study of Obesity



ICD International Congress of Dietetics

ICDA International Confederation of Dietetic Associations

ICF International Classification of Functions

IDEAs Improving Dietetic Education through Associates

IDF International Diabetes federation

IDNT International Dietetic Nutritional Terminology

INDI The Irish Nutrition & Dietetic Institute

JPI HDHL Joint Programming Initiative Healthy Diet for a Healthy Life

The Norwegian Association of Dietitians affiliated to the Norwegian

Association of Research Workers

KPI Key performance Indicator

LLL Lifelong Learning

MEP Member of the European Parliament

NCP Nutrition Care Process

NDA National Dietetic Association

NVD The Dutch Association of Dietitians
PEN Practice-Based Evidence in Nutrition

PHN Public Health Nutritionist PI Performance Indicator

Platform European Platform for Action on Diet, Physical Activity and Health

PPC Professional Practice Committee
RDA Romanian Dietetic Association

REBP Research and Evidence Based Practice Committee

RLO Reusable Learning Objects
SAB Scientific Advisory Board
SHAB Stakeholder Advisory Board
SL Standardised Language

SNOMED Systematized Nomenclature of Medicine SRAG Scientific Reference and Advisory Group

SVDE The Swiss Dietetic Association
TDA Turkish Dietetic Association

UPDLF The French Speaking Belgian Dietitians

VBVD The Flemish Professional Association of Nutritionists & Dietitians

VDD The German Dietetic Association

WHO World Health Organisation

WP Workpackage