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Mission

To support member Associations in developing the role that dietitians have in reducing inequalities and improving nutritional health in Europe

EFAD is registered with the Dutch Chamber of Commerce as a “Vereniging met volledigerechtsbevoegdheid” which translates as an “Association with full legal jurisdiction”. EFAD is also a non-governmental organisation that maintains independence and integrity at all times and does not pursue any political or religious ends.

This report is produced by the European Federation of Associations of Dietitians (EFAD).

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Vision and Values

The Vision

EFAD, national dietetic associations (NDAs) and dietitians are recognised leaders in the field of dietetics and nutrition. We will continue to pro-actively initiate and grow partnerships in order to improve nutritional health, reduce socioeconomic health inequalities and contribute to economic prosperity.

To achieve our vision EFAD supports the highest quality of dietetic education, professional practice, research activity and partnership.

Our Values

The values of EFAD guide how we make decisions and define our approach to partnership and collaboration.

Our core values are: fairness, openness, non-discrimination, collaboration and independence. These are expressed more fully in the way EFAD conducts its business, observing our Code of Ethics and Code of Good Practice and being:

- ☐ democratic, transparent and inclusive
- ☐ independent and ethical
- ☐ discerning and open to new ideas and approaches
- ☐ credible, objective and honest
- ☐ an effective communicator
- ☐ supportive of opportunity, innovation, creativity and entrepreneurship
- ☐ respectful of the values that members hold and their capabilities
- ☐ a partner with clients, colleagues and others
- ☐ active in pursuing excellence

About EFAD

EFAD was established in 1978 with 10 member associations. It now has 29 full members, 5 affiliate members and 36 education associate members representing nearly 35,000 dietitians in 29 European countries.

Membership of the Federation is open to National Dietetic Associations (NDAs) from member states of the Council of Europe and Higher Education Institutes from anywhere in the world. The General Meeting is made up of delegates from each of the Member Associations. The Federation is directed by its Annual General Meeting and represented by an Honorary President and Executive Committee. At the end of 2015 EFAD had:

Three standing Committees:

- Education and Lifelong Learning
- Professional Practice
- Research and Evidence-Based Practice

Six European Specialist Dietetic Networks:

- Diabetes
- Older Adult
- Obesity
- Public Health
- Food Service
- Oncology

The aims of EFAD are to:

- promote the development of the dietetic profession
- develop dietetics on a scientific and professional level in the common interest of the member Associations
- facilitate communication between NDAs and other organisations: professional, educational and governmental
- encourage a better nutrition situation for the population of Europe.

EFAD pursues these aims in co-operation with the member Associations and with international organisations. Our stakeholders include dietetic associations, dietitians, citizens, national ministries, higher education institutions, non-governmental organisations, food industry, policy-makers and other health professionals. Our engagement with these groups reflects our independence and acts in the best interest of the populations we serve.

By embedding dietetic education, professional practice and research activity in dietetics throughout Europe, we enable high quality engagement at all levels, thereby addressing health determinants and creating supportive environments for healthy lifestyles and prevention of disease through nutrition.

EFAD communicates its aims and objectives by fostering exchange of knowledge, best practice promotion and action with and between our stakeholders.

Honorary President's Report



As we review the past year, the fourth year of our current strategic plan, we look forward to setting out a new five-year plan. I mention this because it is a good time to reflect on progress for European dietetics.

Dietitians, as never before, are taking the initiative and are on the move! A European Dietetic Action Plan 2015-2020 (EuDAP) has been prepared which will unite dietitians across European borders to meet the European Food and Nutrition Action Plan (2015-2020). Each EFAD member Dietetic Association will respond in a way that reflects their own national plans but the five overarching objectives of EuDAP will provide a framework for dietitians to showcase their contributions to Health 2020.

EFAD's Committees and ESDNs¹ continue to work across Europe to support dietitians in their common purpose. To single anyone out seems to disregard the valuable work of others, but the ESDN for Obesity has made significant steps to developing a partnership with ESPEN² to produce European Guidelines on Dietetic Interventions in Obesity as a result of a highly successful symposium at 2015 ECO³. The Research and Evidence Based Practice Committee oversees the production of the e-journal for dietetics that now invites contributions from practising dietitians as well as students. And the Education and Lifelong Learning Committee has revised European Academic Standards for Dietetics and provided a new definition of a European dietitian. I had the pleasure of attending the General Meeting and Conference of the Italian Association and was pleased to hear about the valuable use of EFAD guidance when formulating their own national plans. The professional practice of dietitians is gaining recognition and momentum across Europe through the united work of our committees and networks including the amazing success of the European Dietetic Student Network which is reported later.

Competent and safe dietetic practitioners across Europe remain our most valuable contribution to Health 2020. The Professional Practice Committee has published a paper on the status of registration and recognition of practitioners across Europe. And the National Associations in both Romania and Cyprus are moving the dietetic profession closer to professional recognition. The use of a Standardised Language of Nutrition and Dietetics is being promoted through a network of dietitians and again demonstrates how the profession is collaborating to improve practice.

Finally European collaboration has been a constant theme over the past year. EFAD is a prominent member of the Optimal Nutrition Care for All (ONCA) Campaign organised by ENHA⁴ and the international initiative with AND⁵ the Global Nutrition Forum. I need to mention that during 2015 EFAD was asked to speak at the Ministerial meeting in Riga and to be members of at least five European research bids and received several invitations to sit on advisory boards or scientific committees. EFAD has confidently promoted and moved the health, food and nutrition agenda in Europe forward in 2015. Our next planning phase will build on the undoubted strengths of European dietitians.

Anne de Looy, Honorary President of EFAD

¹ European Specialist Dietetic Networks

² European Society for Clinical Nutrition and Metabolism

³ European Congress of Obesity

⁴ European Nutrition and Health Alliance

⁵ Academy of Nutrition and Dietetics

Honorary Treasurer's Report



EFAD had an income of 148.780 € in 2015.

EFAD membership fees from Full and Affiliate members totaled 86.692 € in 2015, an increase of more than 10.000 € on the previous year. The new membership category of Education Associate Member was introduced in 2014, giving Higher Education Institutes the possibility to become EFAD members. By the end of 2015, 40 Institutes had started the application process and 36 had been granted membership, generating an additional 12.900 € income. From MyPace, a joint program with EUFIC, University of Bath and White October, EFAD received 13.750 €. The remaining 35.438 € came from bank interest, other income and the partially returned seed money from the 9th EFAD conference.

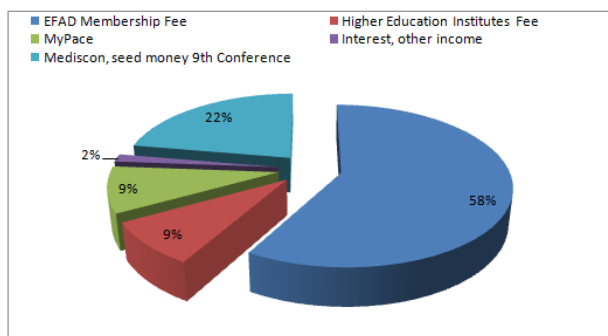
The costs of EFAD's daily business including staff costs, travel expenses, wages, website, finance & tax consultants plus marketing and office supplies totaled 167.524 € in 2015. This year EFAD organized its own Conference in Amsterdam. A payment of 45.000 € "seed money" was made to Mediscon, the congress organizers, of which 33.132 € was returned to EFAD. The remainder will be paid once outstanding sponsorship payments have been received. EFAD's average monthly expenditure was almost 10.000 € which was within the planned budget.

By the end of 2015 EFAD had 102.820 € in the bank. This sum is less than the amount budgeted for 2016. The 26th General Meeting agreed/voted to provide extra work hours for the Secretary General in 2015 to maintain daily business.

To raise additional income, EFAD members are called upon to help by promoting the Education Associate Membership to Higher Education Institutes in their countries, to find new sponsors and to support EFAD in identifying innovative methods of raising income.

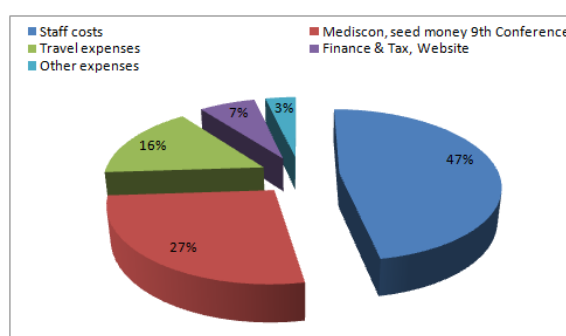
Income 2015

EFAD Membership Fee	86 692,38 €
Higher Education Institutes Fee	12 900,00 €
MyPace	13 750,00 €
Interest, other income	2 306,07 €
Mediscon, seed money 9th Conference	33 132,00 €
TOTAL	148 780,45 €



Expenses 2015

Staff costs	78 889,58 €
Mediscon, seed money 9th Conference	45 000,00 €
Travel expenses	26 247,18 €
Finance & Tax, Website	11 264,40 €
Other expenses	6 123,58 €
TOTAL	167 524,74 €



Manuela Thul
Honorary Treasurer of EFAD

Secretary General's Report

I am happy to report that EFAD continues to grow in strength and influence.

EFAD welcomed the Croatian Society of Nutritionists and Dietitians as affiliate members, raising the number of national dietetic association members to 34. The number of dietitians within our member associations reached almost 35.000 in 2015. We believe this represents about 50% of all dietitians in Europe, which makes EFAD a credible and influential voice when advocating for the profession.

EFAD now also has 36 Education Associate Members and confidently expects this number to grow. Between them these members are teaching some 10.500 student dietitians. Our European Network for Dietetic Students (ENDietS), established in Athens just over a year ago, already has over 1000 members.

EFAD continued to advocate on behalf of dietitians and contributed to a European Commission consultation on the School Fruit and Milk Scheme. EFAD was also invited to join the International Stakeholder Advisory Board of the Feel4Diabetes project and a Focus Group Meeting on Self-Care organised by the Standing Committee of European Doctors (CPME) as part of the EU funded project 'PiSCE'. EFAD also joined international dietitians to form the Global Nutrition Forum, which met for the first time in Amsterdam in October.

As members of the Stakeholder Advisory Board, EFAD attended the final conference of the Food4Me EU-funded project about Personalised Nutrition.

EFAD is increasingly called upon to provide opinion at European level on topics impacted by nutrition and dietetics. The committees and ESDNs are populated by expert dietitians whom EFAD calls upon to represent us at such meetings and events.

EFAD was represented on 39 occasions in 2015, including at six European Commission events, a WHO stakeholder consultation event, at European Food Safety Authority Stakeholder Platform Meetings, Joint Programming Initiative Stakeholder Advisory Board meetings and at EFAD member association events. A full list of events at which EFAD was represented is given in Appendix 7.

EFAD conferences are one of our most visible activities and each year sees growth in reach, influence and support. The 2015 conference exceeded expectations in numbers of registrations (404), sponsors (11) and original research abstracts (48), in addition to 40 presentations. Our communication channels are also enlarging to bring greater recognition of dietetic activity. For example, EFAD's stakeholder database has been extended so that all published information can be mailed to a wider audience. The Facebook pages and the LinkedIn group attract more users each year and in 2015 the number of registered website users increased by over 25%. All users now get weekly newswatches that are proving popular, as is our quarterly newsletter which promotes dietetic activity as a priority. The "new improved version" of the EFAD web site www.efad.org was launched in September

I would like to express my thanks to all the many colleagues who voluntarily take forward the work of EFAD. With their help we can justifiably claim that EFAD is:

"the voice of European Dietitians".



Judith Liddell
Secretary General



Professional Practice Committee Report

The committee had six virtual meetings in 2015 and two face-to-face meetings (Athens Oct 2014 and Stockholm May 2015). Throughout the year, the PPC actively collaborated with the other EFAD committees to align overlapping activities and commitments. Also, the PPC discussed how its ongoing activities support the implementation of the newly proposed EuDAP. The PPC published newsletter articles to communicate more effectively all its actions/projects.



The focus of the work during 2015 continued to advance projects of previous years:

1. Nutrition Care Process (NCP) and Terminologies: The PPC aims to support the decision making processes of National Dietetic Associations (NDA's) regarding adoption and implementation of a NCP and related terminologies. A group of country experts has been identified and is available on the EFAD website with all other reports from PPC⁶. To create opportunities for members to share views and experiences related to the pros, cons, barriers and resources for implementation of a standardised terminology, the initiation of a network for exchange and assistance was in progress. Also, the PPC continued to post information on which countries had publicised specific decisions and actions related to a NCP and related terminologies. The PPC coordinated a workshop on the application of a NCP and terminologies in Higher Education Institutions. The intent of this workshop was to advance the application of NCP and terminologies in the educational and practice placement arena. To understand better the progress and initiatives that involve the integration of SNOMED throughout the EU (SNOMED is a large interdisciplinary medical terminology system with very wide use in e-health), a representative attended the annual SNOMED conference. This allowed the PPC to learn what actions/initiatives other professions were engaging in and has given the PPC new insights for collaborative projects. Outside of Europe, PPC has been actively involved in an Academy (former ADA) NCPT (NCP Terminology; former IDNT) workgroup. This is on-going and involves the integration of NCPT into SNOMED and also the active international exchange of ideas for the advancement of the profession. The latest example was the 'connecting' between SNOMED's international committee on the domain of 'functioning' and the Ministry of Health in the Netherlands. The goal for this connection is to enable examination and potential inclusion of terms from the ICF-D (the dietetic terminology developed by our colleagues in the Netherlands). The PPC will continue to monitor developments and seek opportunities for active input in areas that pertain to our profession.

2. Registration project A PPC subgroup (in collaboration with the ELLLC) conducted an interview survey and prepared an executive summary and full report registration. The executive summary described the current situation on dietetic registration in Europe and specific action-oriented recommendations. In the coming months the full paper will also be finalized.

3. Supplement to the current Code of Ethics Following last year's supplement to the current Code of Ethics, the workgroup on this area has published a substantive summary of the supplement and has provided an application-oriented case study scenario in EFAD's newsletter. The subgroup has decided to oversee the development of cutting-edge position papers in the coming years with the contribution of experts.



Constantina Papoutsakis

Chair, Professional Practice Committee

⁶<http://www.efad.org/professionalpractice/5655/7/0/80> .

The Education and Lifelong Learning Committee Report

The Education and Lifelong Learning Committee (ELLLC) consists of six members: Agneta Hörnell, Sweden (chair); Manuela Konrad, Austria; Karin Van Ael, Belgium; Uta Koepcke, Germany; Ángela García González, Spain; and Fiona McCullough, United Kingdom.



A large part of the ELLLC's work this year has been focused on revisions of earlier EFAD documents. A consultation on the *European Academic and Practitioner Standards for Dietetics* (the "Standards") describing the competences of dietitians at the point of entry into the profession resulted in replies from 21 HEIs and 8 NDAs from a total of 12 countries. Many commented that the description needed to be shorter and with less complicated language. It was decided to write a new draft, combining the Standards with the European Dietetic Competences, to be translated by the NDAs so it can be discussed in depth during 2016 and voted on at the GM 2016. The draft to translate will be sent out to the NDAs in early autumn.

The EFAD homepage has been thoroughly reworked and we hope you will like the new pages for Education. We hope that it will be an active site and that many will find and use the Discussion forum.

EFAD now has 36 Education Associate Members in 14 countries teaching over 10.500 student dietitians.

ELLLC activities during 2015:

- The group held monthly virtual meetings and one face-to-face meeting in Brussels to work on our deliverables
- A thorough redraft of the descriptions of minimum competences (that is at the point of entry into the profession), is underway. It will be consulted on and voted on by GM 2016.
- New page for Education was added to the now more user-friendly EFAD homepage.
- The definition of a dietitian was discussed at the General Meeting in Amsterdam 2015, and it was decided that it needed some more work and should be voted on in 2016.
- A report⁷ to guide recommendations about Continued Professional Development (CPD) in Europe has been written together with the Professional Practice Committee (PPC).
- A consultation with NDAs and HEIs was made on the interest in, and feasibility of, EFAD certifying or endorsing LLL courses for dietitians. A report has been written.
- At the 2015 conference in Amsterdam, ELLLC hosted a workshop and a round table - (mainly directed at the higher education institutions (HEIs); presenting and discussing how HEIs can work with the European Dietetic Action Plan (EuDAP)



Prof. Agneta Hörnell
Chair of Education Committee

⁷ <http://www.efad.org/research/4869/5/0/80>

Research and Evidence-based Practice Committee Report



The Research and Evidence Based Practice Committee had 9 virtual meetings and 1 face to face meeting. For 2015, the aims of the Committee were described in the workplan.

The REBPC continued to publish an e-journal. The 3rd issue was published in February 2015 and contained student's abstracts only. In March 2015 a call was sent out for abstracts for the 4th issue. This issue, to be called the "EFAD e-journal", will move from a student-only journal to one for practicing dietitians and students to provide an opportunity for both to publish. The journal aims to encourage students and dietitians to write about their research and to share knowledge and expertise across Europe. To further share knowledge and expertise, the REBPC created a database for dietitians working in research. In April 2015 a call was sent to register new dietitians and to give registered dietitians within this database the opportunity to change their details. In July 2015, the database contained 154 registered dietitians from 13 countries. More information about registrations can be found in the report "EFAD research database (June 2015)" on the EFAD website⁸.

The REBPC organized a round-table session at the EFAD conference in October 2015 in Amsterdam about "evidence based working in dietetic practice".

To encourage dietitians to run research projects, a presentation on writing to obtain funding was published⁹. In 2015 EFAD has been asked to be a partner in several European projects. The REBPC was involved in decision making about whether or not to accept these invitations. In addition, the REBPC and the ESDNs Diabetes and Obesity discussed ideas for funded projects. The work of the REBPC has been reported over the year in EFAD's newsletter. The minutes of all committee meetings are available on the EFAD website.

In 2016 the REBP Committee will:

- publish two issues of EFAD e-journal
- increase entries in the database for research dietitians and evaluate the use of the database
- stimulate evidence-based working in dietetics, organise two webinars, include more materials in the research database, investigate how the REBPC could support NDA's in evidence based working.
- monitor and evaluate the implementation of EuDAP; investigate suggestions for support by the REBPC
- disseminate activities of REBPC through the EFAD newsletter and website

Gulcan Arusoglu, Maria Hassapidou, Sofie Joossens, Meropi Kontogianni, Duane Mellor,
Dr. Elke Naumann
Chair Research Committee

⁸ <http://www.efad.org/research/4738/5/0/80>

⁹ <http://www.efad.org/research/3383/5/0/80>

European Specialist Dietetic Network (ESDN) Reports

ESDN – Food Service



ESDN Food Service (previous ESDN Administrative dietitians) changed the name in order to clarify the focus of interest and competence. In 2015, the committee for ESDN Food Service recruited one more member from Denmark and a deputy member from Island (deputy for Heida Björg Hilmisdóttir). The committee is currently constituted of: Ylva Mattsson Sydner, Sweden (leader), Gudny Jónsdóttir, Island, Helena Ávila, Portugal and Lotte Kejser, Denmark. The committee had six meetings during 2015 (five virtual and one face-to-face). One main focus during those meetings was to plan for the roundtable session at the conference in Amsterdam on the subject “Creating healthy food and eating environment in hospitals”. Another focus was to write a position paper. The position paper was discussed within the committee and the network during the autumn and a final version from ESDN Food Service was sent to EFAD in November 2015 for future comments and agreement. During 2015 the ESDN Food Service has recruited key contacts (with the aim to have one key contact representing each country in EFAD) and a Facebook account for members was established. A mission & vision for ESDN food service (based on EFADs mission & vision) was resolved in agreement within the network of food service dietitians who have participated in workshops at EFADs conferences in previous years.

Ylva Mattsson Sydner

ESDN Oncology



Recently, a European Specialist Dietetic Network for Oncology has been convened by the EFAD. At the moment the committee consists of 3 dietitians with expertise in oncology: Carolina Bento (PT), Julia Lobenwein (AT) and Clare Shaw (UK).

The knowledge that poor nutritional status can affect outcomes for oncology patients has led to an increase in the number of dietitians working in oncology. However, there continues to be a lack of consensus in the diagnosis of malnutrition and the best ways of providing nutritional support. For us in the European Network it is important to strengthen the dietitians’ position in this area of responsibility and find new members to join the expert-group. International exchange among the dietitians should take place in order to care for oncological patients in a standardized way according to an up-to-date scientific level. Our hope is to connect with other European Oncology Dietitians to discuss evidence and share practice through the first workshop and the sharing of information through the EFAD website. One aim will also be to write and publish a position paper on nutrition and oncology.

At the EFAD conference in Amsterdam there has already been a roundtable on oncology, where the members introduced themselves and presented on some topical issues in oncology.

Carolina Bento, Julia Lobenwein and Clare Shaw

ESDN - Public Health



In 2015, the ESDN Public Health directed its activities towards establishing a direct line of communication between its committee members, who worked rigorously via email discussions on

- Administrative issues, i.e. finalization of EFAD Terms of Office for committee members, planning of surveys on the work undergone by the committee and our Mission and Vision as a committee.

- Policy issues, i.e. coordinating the EFAD presence in EPHA monthly Policy Coordination Meetings, proposing amendments to various public consultations (on EU School Fruit and Milk Schemes and EuDAP) and endorsement of the manifesto for planetary health by The Lancet and EGEA statement.

- Educational issues, with proposals for topics to ICD Granada 2016 and contribution to EFAD conference scientific programme through the delivery of a roundtable on Public Health.

- Evidence-based positions on the role of Public Health dietitians and fiscal measures on food and drinks, which was presented in EFAD conference in Amsterdam and is currently under consideration from the NDAs and other EFAD committees in order to become an official position of EFAD.

We additionally had two meetings this year, one virtual and one physical in Amsterdam.

Regarding the new EFAD web site, we contributed in the selection and renewal of free and private documents which were uploaded.

The lead visited Brussels for the JPI HDHL International Conference, talked on the issue of research funding and networked with European stakeholders, along with the lead of EFAD's ESDN for Diabetes.

Priorities based on the committee members' availability have been established for 2016, with a major one being the use of nutrient profiles to promote healthy eating and followed through during our physical meeting in Amsterdam.

We have, finally, established a system that enables prompt collecting and exchanging of significant political documents dealing with national and European sectors of public health and dietetics.

Grigoris Risvas

ESDN – Older Adults



Together this group has a broad and deep experience of geriatric nutrition. The mission is to translate scientific knowledge on ageing and geriatric nutrition to evidence-based practical information and tools, enabling dietitians in Europe to improve dietetic care of older adults.

The group had a face-to-face meeting the day before the EFAD General Meeting in Amsterdam.

Revision of a briefing paper was almost finished. The workplan for 2016 was reviewed and approved by all members of the group. The group also had a telephone meeting the 6th November.

At the EFAD conference, ESDN Older Adults arranged a round table discussion: "Attitude and practice regarding to diagnosis and treatment of starvation, cachexia and sarcopenia". In this session, Elisabet Rothenberg, Ass Prof, President of DRF, Sweden, Lies terBeek, PhD Student, the Netherlands, and Harriët Jager-Wittenaar, Prof, the Netherlands each presented a lecture. The roundtable meeting had many participants and was one of the most well attended workshops of the conference.

Elisabet Rothenberg

ESDN – Obesity



The ESDN Obesity has agreed on the following long-term aims:

1. To improve dietetic obesity management through evidence based treatment methods
2. To define competencies needed for obesity management in Europe
3. To enlarge the scope of the ESDN by inviting specialists on bariatric surgery and prevention from EFAD member countries to be members of the ESDN
4. To improve communication between the ESDN Obesity and the other ESDNs by appointing linking persons

In 2015 the ESDN Obesity accomplished four commitments:

- 1) Hosted a round table at the European Conference on Obesity (ECO) May 2015
- 2) Submitted a joint commitment to the EU Platform on Diet, Physical Activity and Health in cooperation with the Nutrition Working Group of EASO
- 3) Mapped obesity expert groups of dietitians in European countries
- 4) Presented an ESDN Obesity round table at EFAD conference, Amsterdam, October 2015

The ESDN held an EFAD roundtable at the European Conference on Obesity in Prague, Czech Republic, May 2015. The topic was European dietary guidelines on obesity. Maria Hassapidou gave a presentation on guidelines and recommendations for children in the light of childhood obesity. Ellen Govers presented an overview of the guidelines on obesity used in Europe: what were the differences and what were the similarities. Paulina Nowicka spoke about behavioural aspects in guidelines. The meeting was well attended especially by dietitians visiting the conference.

As a result of the ECO round table Maria and Ellen joined the EASO Nutrition Working Group. This working group will work on the development of Dietary guidelines for prevention and medical nutrition therapy for treatment of obesity. The first task will be the guideline for adults, second task will be for children and their families. EASO will work together with EFAD in the development of these guidelines. The plan was submitted in the platform Diet, Physical Activity and Health as a joint commitment.

Hilda Mulrooney took on the task of mapping obesity expert groups of dietitians in European countries. The objective is to communicate with these groups in the future on the problems they encounter, about new developments on a national or regional scale, and also to enlarge the ESDN with members from all countries. Hilda developed a questionnaire, which was sent to the national associations and already known contacts. She collected responses and presented those at the EFAD conference in Amsterdam in October. It will take some more time to develop a more complete picture of dietetic involvement in obesity.

The EFAD conference was successful for the ESDN Obesity. The round table, chaired by Tanja, was visited by approximately 135 dietitians, and all three presentations by Maria, Hilda and Ellen received good ratings.

Developing plans to cooperate with the ESDN diabetes involve a joint effort to get funding for a project with the working title: preventing tomorrow's chronic diseases today. The project aims at making patients in Europe healthier by improving knowledge and skills of dietitians in Europe, and to increase awareness among other health professionals and politicians of the role and importance of the dietitian in prevention and management of both obesity and diabetes. In this program e-learning courses for dietitians, as well as other health professionals will be developed. A tool, easily accessible through a website is part of the project. This project has not been set into further action yet. Ellen Govers and Maria Hassapidou

ESDN - Diabetes



Building upon a successful workshop and roundtable at the EFAD conference the ESDN for Diabetes undertook a survey of dietitians working in diabetes across Europe. This was felt to be a vital initial step on which a database of practitioners and guidelines could be built. The survey showed a wide diversity of expertise, practice and approaches in the work of dietitians across Europe. The aim was to present this work at international diabetes conferences and to publish in a scientific journal; unfortunately we were not successful with our submissions.

We have been involved in World Diabetes Day activities in social media and hope to increase our involvement in events going forward. Increasingly we are becoming involved in research activities both as stakeholders within European projects and in the planning of future work.

Members of the committee have increasingly been involved in promoting dietetics within their home countries to the relevant professional bodies and interest groups. Our plans for 2016 include development of resources including, potentially, webinars to share nutritional management ideas with respect to diabetes to the wider dietetic community.

Duane Mellor and Aimilia Papakonstantinou

ENDietS - European Network of Dietetic Students



ENDietS (European Network of Dietetic Students) was established at the 2014 DIETS-EFAD Conference in Athens. During the students' workshop

all nine anchor positions of the ENDietS organogram were filled by students from all over Europe. After the conference the ENDietS anchor team started to meet virtually every 3 weeks. We created an official introduction text, a mission and vision statement and an official logo, as well as an ENDietS section on the EFAD website and an ENDietS Facebook page. ENDietS was launched on the 9th February and free registrations for the members were offered. The members were officially welcomed by a video from the presidents of ENDietS. Since February we have offered our members three free webinars and have produced three cooking videos with dishes from different countries for the members. All our webinars and videos can be found on the ENDietS YouTube channel¹⁰. In March 2015 ENDietS started to send regular bulletins to its members. At the 2015 EFAD Conference in Amsterdam ENDietS, with the support of IFMSA and Sue Kellie from the British Dietetic Association, presented its own students program which contained two lectures and two workshops as well as a general meeting and a committee meeting. The high interest in ENDietS has led to an unexpectedly large number of student registrations at the EFAD conference. ENDietS is also very proud that its presidents were nominated by Anne de Looy and Koen Vanherle for the "Students of the Year" award of the CN Magazine in the UK. Amelie Kahl and Ann-Christin Lindenau received their award in London in September. ENDietS now more than 1000 registered members and 1596 Facebook followers!

We are very happy with the goals we have achieved in such a short time and we have ambitious objectives for the upcoming year which have been outlined in the work plan for 2016.

Amelie Kahl & Ann-Christin Lindenau

¹⁰ https://www.youtube.com/results?search_query=Endiets

Appendix 1: What EFAD achieved in 2015

Membership

EFAD retained all Full Members (29). The Croatian Society of Nutritionists and Dietitians joined as Affiliate Members, raising the number of Affiliate Members to five.

EFAD now represents almost 35.000 dietitians in Europe.

Education Associate Members increased from 21 to 36 with a further 4 in the process of joining.

Together they teach over 10.500 dietetic students.

European Network for Dietetic Students (ENDietS)

Had over 1000 members by December 2015

Committees

The **Education and Lifelong Learning Committee** (ELLLC) produced a “Definition of a Dietitian” report, a “Lifelong Learning Certification” report and, together with the PPC, worked on a “Registration Survey” report.

The **Professional Practice Committee** (PPC) worked on the “Nutrition Care Process (NCP) & Terminologies” report.

The **Research and Evidence Based Practice Committee** (REBP) published two eJournals¹¹ and a report on the “EFAD Research Database”¹². They steered increased involvement in research activities both as partners and stakeholders within European projects (two applications were successful) and in the planning of future projects.

European Specialist Dietetic Networks (ESDN)

An ESDN for Oncology was added to the five established ESDNs (Obesity, diabetes, older adult, public health and food service) while calls for nominations to ESDNs for Primary Care and Education were made.

The ESDN Obesity collected guidelines on Obesity from EFAD members so that they could produce European Obesity Guidelines. They presented this work to ECO2015 and have, jointly with EASO, submitted a commitment to the EU Platform on Diet, Physical Activity and Health to develop European Guidelines on Dietary Treatment of Obesity.

The ESDN Diabetes undertook a “Survey of Dietitians working in Diabetes Management across Europe.

The ESDN Food Service developed a position paper on the “Role of the Food Service Dietitian”.

The ESDN Public Health worked on developing an EFAD position on “Fiscal measures on foods and non-alcoholic drinks” and a Position Paper on “The role of the Dietitian in Public Health Dietetics”.

These reports, guidelines and positions are due for publication in early 2016

Publications

EFAD Work Plans and Business Plans for 2016¹³

Standardised Language/ Nutrition Care Process vision paper¹⁴

Continuous Professional Development report¹⁵

¹¹ <http://www.efad.org/research/4821/5/0/80>

¹² <http://www.efad.org/research/4738/5/0/80>

¹³ <http://www.efad.org/aboutefad/2847/5/0/80>

¹⁴ <http://www.efad.org/professionalpractice/5216/7/0/80>

¹⁵ <http://www.efad.org/downloadattachment/3881/6209/Embedding%20Lifelong%20Learning%20Policies%20in%20Europe.pdf>

Events

26th General Meeting – 24 Full Member Associations attended the business meeting with 3 Affiliate and 25 Education Associate Members joining them for the strategic planning meeting. The 9th EFAD conference had 404 registrations, 40 presentations and 48 original research abstracts

Consultations

- School Fruit and Milk Scheme
- European Skills Competences Occupations (ESCO) “Definition of a Dietitian”

Representations

EFAD was represented 39 times (44 times in 2014), including:

- 6 European Commission events
- 1 WHO event
- 2 European Food Safety Authority Stakeholder Platform meetings
- 2 Joint Programming Initiative Stakeholder Advisory Boards
- 2 European Nutrition for Health Alliance meetings
- 4 EFAD member association events
- 3 European Public Health Alliance meetings
- ECO/Food4Me/Gut Microbiota/PiSCE/EFPC/Milan Expo 2015

Appendix 2: 26th General Meeting and 9th Conference Report



The EFAD26th General Meeting and 9th Conference took place in Amsterdam on 22-24 October 2015 and was the largest ever EFAD General Meeting.

The Business Meeting was attended by 24 of the 29 full member associations who agreed that EFAD should:

- adopt the European Dietetic Action Plan
- establish a charity to raise funds to support European dietetics
- elect an Honorary Vice President
- increase income in coming years
- accept the business and work plans for 2016
- work further on the definitions of “dietitian” and “dietetics”

The German Dietitians Association, represented by Manuela Thul, was elected as Honorary Treasurer 2015-2019.

The meeting was then joined by 3 affiliate member associations, 25 education associate member organisations and representatives of the students network and each European Specialist Dietetic Network. Judith Liddell, in her Secretary General’s report, presented “EFAD - Voice of European Dietitians” which highlighted how EFAD promotes the profession.

Three workshops enabled delegates to discuss:

- Recognition of Professional Qualifications and the importance of Registration, Lifelong learning and Ethics
- The European Dietitians Action Plan adoption and implementation process
- The EFAD Strategic Plan 2017-2021 and to participate in a Foresight brainstorm to start the process of identifying future priorities for the profession

The 9th EFAD Conference, which was attended by 404 delegates from 36 countries, had over 40 lectures and 48 original research presentations. The conference was supported by 11 different organisations. Most of the presentations are available for download on <http://efadconference.com/>

A conference “photo gallery” is available on <http://efadconference.com/photos/>

Appendix 3: List of Committee Members, Representatives, Scientific Reference and Advisory Group, Honorary Members and Secretariat

Executive Committee

President: Prof Anne de Looy, Plymouth University, United Kingdom (2010-2014-2018)

Honorary Treasurer	German Dietetic Association	Manuela Thul (2015-2019)
Member	British Dietetic Association	Pauline Douglas (2014-2018)
Member	French Association of Nutritionist Dietitians	Thérèse Libert (2012-2016)
Member	Dutch Dietetic Association	Annemieke van Ginkel-Res (2012-2016)
Chair of Education and Lifelong Learning Committee(ELLLC)	Swedish Association of Clinical Dietitians & Umea University	Agneta Hörnell (2010-2017)
Chair of Research and Evidence Based Practice Committee(REBPC)	Dutch Association of Dietitians & HAN University	Elke Naumann (2010-2016)
Chair of Professional Practice Committee (PPC)	Cyprus Dietetic Association	Constantina Papoutsakis (2012-2016)

Professional Practice Committee

Chair: Constantina Papoutsakis – the Cyprus Dietetic Association

PPC Committee members Ylva Orrevall (SE) Lene Thoresen (NO) Naomi Trostler (IL) Claudia Bolleurs (BE)	PPC Reference Group members none
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Education and Lifelong Learning Committee

Chair: Agneta Hörnell, the Swedish Association of Clinical Dietitians & Umea University

ELLL Committee members: 1. Karin Van Ael (BE) 2. Ángela García González (ES) 3. Uta Koepcke (DE) 4. Manuela Konrad (AT) 5. Fiona McCullough (UK)	ELLL Reference Group members 1. Ute Brehme (DE) 2. Anastasia Markaki (GR) 3. Fiona Moor (UK) 4. Ana Catarina Moreira (PT) 5. Franziska Pfister (AT) 6. Grigoris Risvas (GR) 7. Miguel Yeep (PT)
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Research and Evidence Based Practice Committee

Chair: Elke Naumann, the Dutch Association of Dietitians & HAN University

REBP Committee members: 1. Gulcan Arusoglu (TR) 2. Maria Hassapidou (GR) 3. Sofie Joossens (BE) 4. Meropi Kontogianni (GR) 5. Duane Mellor (UK)	REBP Reference Group members 1. Julia Eisenblätter (CH) 2. Vilma Kriaucioniene (LT)
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ESDN Food Service Committee members (4) (2014-2018)

Ylva Mattsson Sydner (Lead)	Sweden
Helena Avila	Portugal
Heida Bjorg Hilmisdottir (2014-2015)	Iceland
Gudny Jonsdottir (2015-2018)	Iceland
Lotte Keyser (2015-2019)	Denmark

ESDN Older Adult Committee members (9) (2014-2018)

Elisabet Rothenberg (Lead)	Sweden
Cecilia Morais	Portugal
Elena Moreno Guillamont	Spain
Elizabeth Archer	UK
Grainne Flanagan	Ireland
Harriet Jager-Wittenaar	Netherlands
Mar Ruperto	Spain
Marijke Meeusen	Belgium
Amalia Tsagari	Greece

ESDN Diabetes Committee members (6) (2014-2018)

Duane Mellor (Lead)	UK
Aimilia Papakonstantinou	Greece
Emel Selma Ozer	Turkey
Daniela Wewerka-Kreimel	Austria
Fatima Fonseca	Portugal
Nanci Baptista	Portugal

ESDN Public Health Dietitians Committee members (6) (2014-2018)

Grigoris Risvas (Lead)	Greece
Teresa Rodrigues	Portugal
Manuel Moñino (deputy)	Spain
Amanda Avery	UK
Seniz Ilgaz	Turkey
Cairns Sophie	UK

ESDN Obesity Committee members (4) (2014-2018)

Maria Hassapidou (Lead)	Greece
Ellen Govers (Lead)	Netherlands
Hilda Mulrooney	UK
Tanja Callewaert	Belgium

ESDN Oncology Committee members (3) (2015-2019)

Carolina Bento	Portugal
Clare Shaw	UK
Julia Lobenwein	Austria

EFAD Representative to European Food Safety Authority (EFSA)

Michael Gore, Belgium (Since 1.8.14)

EFAD Representative to European Forum for Primary Care (EFPC)

Dimple Thakrar, UK (Since 1.8.15)

Sophie Rodebjer, SE (1.8.13 – 31.7.15)

Scientific Reference and Advisory Group

Glenis Willmott, MEP Leader, European Parliamentary Labour Party

Johanna Dwyer, D.Sc., RD Senior Nutrition Scientist, OD/Office Dietary Supplements/National Institutes of Health; USA Government

Chris Trimmer, PhD Executive Director, International Association for the Study of Obesity

Cees Smit, European Patients' Forum

Honorary Members

Anneke Krijger – Honorary Secretary 1978 – 1988

Renate Frenz – Honorary President 1984 - 2000

Irene Mackay – Honorary President 2000- 2006

Karin Hådell – Honorary President 2006 – 2010

Secretariat

Judith Liddell - Secretary General

Reka Kegyes Bozo - Administrative Assistant

Manuela Thul - Bookkeeper

Appendix 4: EFAD Members and Delegates 2015

Full Members (29)	Delegates (P = President)
The Austrian Association of Dietitians	Trudy Giesinger Andrea Hofbauer (P)
The Flemish Association of Nutritionists and Dietitians	Tanja Callewaert Dirk Lemaitre (P)
Professional Union of French Speaking Dietitians (U.P.D.L.F.)	Chloé Desmet Serge Pieters (P)
Swiss Association of Registered dietitians	Gaby Fontana Adrian Rufener (P)
Cyprus Dietetic Association(CyDA)	Eleni Andreou (P) Christiana Philippou
The Danish Diet and Nutrition Association	Ghita Parry (P) Mary Ann Soerensen
The Association of Danish Clinical Dietitians	Mette Pedersen Helle Christensen
The German Dietitian Association (VDD)	Daniel Buchholz Manuela Thul
General Council of Dietitians-Nutritionists of Spain (CGDN)	Manuel Monino Alma Palau(P)
The Association of Clinical and Public Health Nutritionists in Finland	Leena Rechardt (P) Helena Orell-Kotikangas
French association of nutritionist dietitians (AFDN)	Isabelle Parmentier (P) Thérèse Libert
Hellenic Dietetic Association (HDA)	Eirini Bathrellou Amalia Tsagari
Hellenic Association of Dietitians – Technologists of Nutrition	Karakike Catherine
Hungarian Dietetic Association	Bernadett Tóth Jolán Kubányi (P)
Irish Nutrition and Dietetic Institute (INDI)	Deidre Mc Cormack (2014-2015) Jennifer Feighan (2015) Niamh Fitzpatrick
The Icelandic Dietetic Association	Heida Bjorg Hilmisdottir (until 08/15) Gudny Jonsdottir (from 09/15) Laufey Steingrimsdottir (P)
Italian Association of Dietitians	Ersilia Troiano (P) Katia Nardi
Luxembourg Dietetic Association	Anne Zimmer (until 09/15) Claudine Mertens (P) Natalie Weber (from 09/15)
Dutch Association of Dietitians	Wineke Remijnse Annemieke van Ginkel
The Norwegian Dietetic Association	Marianne Lidstrøm Arnt Steffensen (P)
Norwegian Association of Clinical Dietitians affiliated with The Norwegian Association of Researchers	Sissel Urke Olsen Sissi Stove Lorentzen
Polish Society of Dietetics	Danuta Gajewska (P)
Association of Portuguese Nutritionist (APN)	Helena Ávila (P) Célia Craveiro
Portuguese Association of Dietitians	Vania Costa

	Zélia Santos
The Swedish National Association of Dietitians	Marianne Schroder-Maagaard Marianne Backrud-Hagberg (P)
The Swedish Association of Clinical Dietitians	Elisabet Rothenberg (P) Jonna Nyman
Slovene Nutritionist and Dietetic Association	Stojan Kostanjevec Tamara Poklar Vatovec (P)
Turkish Dietetic Association	Dilek Ongan Zehra Buyuktuncer Demirel
The British Dietetic Association	Fiona McCollough Pauline Douglas

Affiliate members (5)	
Croatian Society of Nutritionists and Dietitians	Darija Vranešić
Israeli Dietetic Association	Naomi Trostler Hava Altman (P)
Nutritionist – Dietitians’ Association of Latvia	Laila Meija Solveiga Niedra
Romanian Association of Dietitians	Diana Suciu Kinga Laczko
Romanian Nutrition and Dietetic Association	Florina Ruta (P)

Education Associate members (36)	
University of Applied Sciences for Health Professions Upper Austria, Austria	Elisabeth Farmer
FH Joanneum University of Applied Sciences, Austria	Manuela Konrad
St. Pölten University of Applied Sciences, Austria	Barbara Zimmer
FH Campus Vienna, Austria	Andrea Hofbauer
University College Ghent, Belgium	Willem de Keyzer
Artesis Plantijn University College, Belgium	Koen Vanherle Veerle van Vlaslaer
Erasmus University College Brussels, Belgium	Ann Lovato Lut Leeuwerck
Leuven University College, Belgium	Sofie Joossens
Institute Paul Lambin, Belgium	Magali Jacobs
Thomas More Institute, Belgium	Karin van Ael
VIVES University College, Belgium	Lieve Acke Serge Schroef
OdiseeTechnologiecampus Gent, Belgium	Fran Timmermans Els Vanfleteren
Masaryk University, Czech Republic	Zdenka Dankova Halina Matejkova

University College of Southern Denmark, Denmark	Pia Øxenbergh Hansen
University College Zealand, Denmark	Ane Kruse Line Bak Josephsen
Fulda University of Applied Sciences, Germany	Kathrin Kohlenberg Müller
University of Neubrandenburg, Germany	Luzia Valentini Julia von Grundherr Daniel Buchholz
Technological Education Institute Crete, Greece	Anastasia Markaki
TEI Thessaloniki, Greece	Maria Hassapidou
Vilnius University of Applied Sciences, Lithuania	Erika Kubiliene
Higher School of Health's Technology of Lisbon, Portugal	Ana Catarina Moreira Christina Marques
Amsterdam University of Applied Sciences, The Netherlands	Jacqueline Commandeur
University of Applied Sciences Groningen, Netherlands	Andrea Werkman
The Hague University of Applied Sciences, The Netherlands	Inge Audenaerde
HAN University, Netherlands	Annemarie Nijhof Elke Naumann
Medical University of Tg. Mures, Romania	Monica Tarcea
University Iuliu Hateganu Cluj-Napoca, Romania	Laura Ioana Biris
Rovira I Virgili University, Spain	Nancy Babio
University of San Pablo –CEU, Spain	Angela Garcia Gonzales
University of Navarra, Spain	Ainhoa Ruiz de Erenchun Marta Cuervo
Fundació Universitària Balmes (University of Vic), Spain	Miriam Torres
Umea University Dept of Food & Nutrition, Sweden	Agneta Hörnell Sandra Ottosson
Department of food, nutrition and dietetics Uppsala University, Sweden	Ylva Mattson Sydner
Bern University of Applied Sciences, Switzerland	Julia Eisenblaetter
Hacettepe University, Turkey	Zehra Buyuktuncer Demirel
University of Nottingham, UK	Sharon Mills Fiona McCullough
University of Plymouth, UK	Anne Payne

Appendix 5: Organisations with whom EFAD collaborates

ICDA

International Confederation of Dietetic Associations www.internationaldietetics.org



WHO Europe

World Health Organisation Regional Office for Europe www.euro.who.int/nutrition
(representative Anne de Looy)



EU Platform

EU Platform for Action on Diet, Physical Activity and Health
http://ec.europa.eu/health/nutrition_physical_activity/platform/index_en.htm
(Representatives Anne de Looy & Judith Liddell)



EFSA

European Food Standards Agency www.efsa.europa.eu
(Representative: Michael Gore)



EPHA

European Public Health Alliance www.epha.org
(Representatives Judith Liddell, Seniz Ilgaz and Amanda Avery)



ENHA

European Nutrition for Health Alliance <http://www.european-nutrition.org>
(Representatives Anne de Looy & Judith Liddell)



EFPC

European Forum for Primary Care <http://www.euprimarycare.org>
(Representative: Dimple Thakrar)



EUFIC

European Food Information Council <http://www.eufic.org>
(Representatives Anne de Looy & Judith Liddell)



BiB

Breakfast is Best <http://www.breakfastisbest.eu>
(Representative Judith Liddell)



GDS

Global Diabetes Survey <http://www.globaldiabetessurvey.com>
(Representative Duane Mellor)



World Obesity

www.worldobesity.org
(Representatives Maria Hassapidou & Ellen Govers)



EASO

European Association for the Study of Obesity www.easo.org
(Representatives Maria Hassapidou & Ellen Govers)



Appendix 6: Projects, Collaborations and Consultations

FibeBiotics (2011-2016)

“Dietary Fibers supporting Gut and Immune Function – From polysaccharide compound to health claim”

Lead partner: DienstLandbouwkundigOnderzoek, Food & Biobased Research, NL.

EFAD is a member of the Scientific Advisory Board.

This project is funded by grant FP7-KBBE-2011-5

Income: Travel and subsistence for an EFAD representative attending one meeting a year of about €1600

EFAD is represented by Annelies Rotteveel

Food4Me (2011-2015)

“Personalised nutrition: An integrated analysis of opportunities and challenges”

http://cordis.europa.eu/fetch?CALLER=FP7_PROJ_EN&ACTION=D&DOC=1&CAT=PROJ&QUERY=0130f43406d1:8d58:586d9904&RCN=98657

Lead partner: The Institute of Food and Health, University College Dublin, Ireland

EFAD is a stakeholder in the Ethical and Legal issues workpackage (WP5).

The project is funded by grant FP7-KBBE-2010-4 (Contract no 265494).

Income: Travel and subsistence for an EFAD representative attending WP5 stakeholders meetings

EFAD is represented by Anne de Looy and Judith Liddell

EIP Active and Healthy Ageing

http://ec.europa.eu/research/innovation-union/index_en.cfm?section=active-healthy-ageing

Lead Partner: European Commission

EFAD is a member of a joint action to prevent frailty through screening for malnutrition, together ENHA. The project is not funded. EFAD travel and subsistence expenses are partly met by ENHA. EFAD is represented by ENHA

JPI Healthy Diet for a Healthy Lifestyle

www.healthydietforhealthylife.eu/

Lead partner: Instituto de Salud Carlos III

EFAD is a member of the Stakeholder Advisory Board (SHAB). Partners include Ministries from 21 Member States. The project funds SHAB members' expenses.

EFAD is represented by Anne de Looy & Duane Mellor

ONCA

A European project aiming to reduce undernutrition in older adults

Lead Partner: ENHA, of which EFAD is a member

Income: funded by Medical Nutrition Industries (MNI)

EFAD is represented by Anne de Looy

Feel4Diabetes study

A European study aiming to promote healthy lifestyle and prevent type 2 diabetes in families from vulnerable population groups

EFAD is a member of the International Advisory Board.

Lead Partner: Harokopio University, Greece

Income: Funded by the European Union's Horizon 2020 research and innovation programme under grant agreement n° 643708. The project funds AB members' expenses
EFAD is represented by Duane Mellor

EFAD responded to the following consultations in 2014/15:

School Fruit and Milk Scheme

EFAD sent comments to the European Commission Committee on Agriculture and Rural Development on the draft report on the proposal for a regulation of the European Parliament and of the Council amending Regulation (EU) No 1308/2013 and Regulation (EU) No 1306/2013 as regards the aid scheme for the supply of fruit and vegetables, bananas and milk in the educational establishments (COM(2014)0032 – C7-0025/2014 – 2014/0014(COD))

European Skills Competences Occupations (ESCO)

EFAD had an opportunity in November 2015 to comment on the definition, skills and work fields of dietitians and dietetic technicians in Europe.

Appendix 7: Meetings Attended 2015

Updated on 21.03.2016

Date	Place	What	EFAD Representative
January			
30.01.2015	Malta	Informal consultation stakeholders to support development of WHO European Physical Activity for Health Strategy	Dr Mario Caruana
February			
18-19.02.2015	Brussels, Belgium	Platform meeting	Anne de Looy & Judith Liddell
23-24.02.2015	Riga, Latvia	Healthy lifestyles: nutrition and physical activity for children and young people at schools	Agneta Hörnell
26-27.02.2015	Malta	FOODSECURE European Visions & Options Workshop "The Future of Global Food and Nutrition Security"	Agneta Hörnell
26.02.2015	Brussels, Belgium	Food4Me EU-funded project about Personalised Nutrition – final conference	Judith Liddell
March			
4.03.2015	Geel, Belgium	International Students Week, Thomas More University College	Anne de Looy
10.3.2015	Leuven, Belgium	International Students Week, Leuven University College	Judith Liddell
13-15.03.2015	Amsterdam, The Netherlands	EC face to face meeting	Executive Committee
14-15.03.2015	Barcelona, Spain	Gut microbiota for health summit	Amalia Tsagari & Luzia Valentini
17.03.2015	Brussels, Belgium	JPI-HDHL, 10th SHAB meeting	Duane Mellor
19-22.03.2015	Brussels, Belgium	ELLLC face-to-face meeting	ELLLC
18-22.03.2015	Vienna, Austria	Austrian Dietetic Association	Anne de Looy
10-11.03.2015	Brussels, Belgium	27th meeting of the EFSA SHP	Michael Gore
April			
16-19.04.2015	Dubrovnik, Croatia	ENHA ONCA meeting	Anne de Looy
May			
6-9.05.2015	Prague, CZ	EFAD ECO	Anne de Looy, Ellen Govers, Maria Hassapidou
8-9.05.2015	Wolfsburg, Germany	VDD Annual Conference	Manuela Thul
20-24.05.2015	Stockholm, SW	PPC meeting face-to-face	PPC & AdL
June			
05.06.2015	Milan, Italy	28th meeting of the EFSA SHP – Milan 15 June 2015	Michael Gore
07.06.2015	Rome, Italy	ANDID General Meeting and conference	Anne de Looy
9.06.2015	Brussels	ENHA Trustees meeting	Anne de Looy and Judith Liddell
18.06.2015	Brussels	JPI-HDHL, 11th SHAB meeting	Duane Mellor Grigoris Risvas
29-30.06.2015	Riga, Latvia	Universal Healthcare: Investing in Wellbeing for All	Laila Meija
July			
01.07.2015	Evian, France	7th Hydration for Health Scientific Conference	Annemieke vGinkel Anne de Looy Pauline Douglas Maria Hassapidou
08.07.2015	Brussels	Focus Group – PiSCE tender	Judith Liddell
August			

27.08.2015	Brussels	EUFIC:MyPace project focus group	Ellen Govers Tanja Callewaert Daniel Buchholz Chloe de Smet
31.8 – 3.9.2015	Amsterdam, NL	EFPC Annual Conference	Dimple Thakrar
<i>September</i>		-	
2-3.09.2015	Brussels	EPHA 6th Annual Conference	Seniz Ilgaz
23-26.09.2015	Bern	Bern University	Anne de Looy
20.09.2015	Milan	Expo 2015	Manuela Thul
24.09.2015	Luxembourg	Platform meeting	Judith Liddell
<i>October</i>			
8-12.10.12	Cluj, Romania	University of Cluj, Romania	Anne de Looy
15.10.15	Brussels	Foresight and Modelling for European Health Policy and Regulation (FRESHER)	Judith Liddell
21.10.2015	Amsterdam	EFAD Executive Committee meeting	Executive Committee
22-24.10.2015	Amsterdam	EFAD General Meeting and Conference	All EFAD committee members
25-26.10.2015	Amsterdam	Global Nutrition Forum	Anne de Looy Judith Liddell
<i>November</i>			
3-8.11.2015	Berlin	ONCA conference	Anne de Looy
12-14.11.2015	Vienna	MTD Conference	Anne de Looy
19.11.2015	Brussels, Belgium	EPHA November PCM	Amanda Avery
20-21.11.2015	Barcelona	Catalonian Dietetic Conference	Anne de Looy
<i>December</i>			
02.12.2015	Brussels	ENHA trustees meeting	Anne de Looy
02-03.12.2015	Luxembourg	Joint HLG and Platform meeting	Judith Liddell

Appendix 8: Acronyms used within EFAD

AEDN	The Association of Spanish Dietitians and Nutritionists
AFDN	The French Association of Nutritionist Dietitians
AND	Academy of Nutrition and Dietetics (formerly American Dietetic Association)
ANDID	The Italian Association of Dietitians
APD	The Association of Portuguese Dietitians
APEL	Accredited Prior Experiential Learning
APN	The Association of Portuguese Nutritionists
AroND	Association of Romanian Nutritionists and Dietitians
BDA	The British Dietetic Association
BiB	Breakfast is Best
CPD	Continuous Professional Development
CGDNE	General Council of Spanish Dietitians and Nutritionists
CyDA	Cyprus Dietetic Association
DG	Directorate General for Health and Consumers
SANCO	Directorate General for Health and Consumers
DRF	The Swedish Association of Clinical Dietitians
EASO	European Association for the Study of Obesity
EBP	Evidence Based Practice
EC	Executive Committee
ECO	European Congress of Obesity
ECOC	EFAD Conference Organising Committee
ECPC	EFAD Conference Programme Committee
EDAC	European Dietetic Advanced Competencies
EDBS	European Dietetic Benchmark Statement
EDC	European Dietetic Competences and Performance Indicators
EFAD	The European Federation of the Associations of Dietitians
EFPC	European Forum for Primary Care
EFSA	European Food Safety Authority
EIP AHA	European Innovative Partnership Active and Healthy Ageing
ELLL	Education and Lifelong Learning Committee
ENHA	European Nutrition for Health Alliance
EPHA	European Public Health Alliance
ESDN	European Specialist Dietetic Network
ESPEN	European Society of Clinical Nutrition and Metabolism
EuDAP	European Dietetic Action Plan
EUFIC	European Food information Council
FaKD	The Association of Danish Clinical Dietitians
FNAP	Food and Nutrition Action Plan (WHO)
GDS	Global Diabetes Survey
GM	General Meeting
GMMA	General Meeting of Member Associations
HDA	The Hellenic Dietetic Association

HEI	Higher Education Institute
HVP	Honorary Vice President
IASO	International Association for the Study of Obesity/World Obesity
ICD	International Congress of Dietetics
ICDA	International Confederation of Dietetic Associations
ICF	International Classification of Functions
IDEAs	Improving Dietetic Education through Associates
IDF	International Diabetes federation
IDNT	International Dietetic Nutritional Terminology
INDI	The Irish Nutrition & Dietetic Institute
JPI HDHL	Joint Programming Initiative Healthy Diet for a Healthy Life
KEFF	The Norwegian Association of Dietitians affiliated to the Norwegian Association of Research Workers
KPI	Key performance Indicator
LLL	Lifelong Learning
MEP	Member of the European Parliament
NCP	Nutrition Care Process
NDA	National Dietetic Association
NVD	The Dutch Association of Dietitians
PEN	Practice-Based Evidence in Nutrition
PHN	Public Health Nutritionist
PI	Performance Indicator
Platform	European Platform for Action on Diet, Physical Activity and Health
PPC	Professional Practice Committee
RDA	Romanian Dietetic Association
REBP	Research and Evidence Based Practice Committee
RLO	Reusable Learning Objects
SAB	Scientific Advisory Board
SHAB	Stakeholder Advisory Board
SL	Standardised Language
SNOMED	Systematized Nomenclature of Medicine
SRAG	Scientific Reference and Advisory Group
SVDE	The Swiss Dietetic Association
TDA	Turkish Dietetic Association
UPDLF	The French Speaking Belgian Dietitians
VBVD	The Flemish Professional Association of Nutritionists & Dietitians
VDD	The German Dietetic Association
WHO	World Health Organisation
WP	Workpackage
WUG	Website User Group